



# Safe use of webcams Y7, Y8, & Y9



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(Citing content from thinkuknow.co.uk and ceop.police.uk)

# Chatting over webcam - is it safe?

Do you chat to people you've never met on webcam? Do you share pics you only want some people to see? If you do, you need to know how to keep yourself safe on screen.

Some people who contact you really do just want to chat or be friends. But the problem is, it's easy to lie online.

There are a few people out there, let's call them 'abusers', who pretend to be friendly but want to hurt you. They want to get you to chat on cam and then video you doing things you might be embarrassed about.

## What do I need to know?

Abusers will flirt with you, tell you nice things about yourself or send you sexy pictures. They might pretend



**REMEMBER**  
*Webcam is NOT private - it can be recorded and shared!*

to be a boy or girl your age. They'll ask you to send them naked selfies or go naked on webcam. You might not be able to tell they're an abuser until after they've got a video or picture of you.

If the person on the other end records you, they could share the video with your friends on Facebook, post it on YouTube or email it to your family.

Abusers try to force young people to make more sexual videos by threatening to share an embarrassing picture or video with their family or friends.

Unfortunately this has happened to hundreds, maybe thousands, of young people in the UK.

## How can I stay safe?

The best way to stay safe is by never doing anything on webcam you wouldn't want your family or friends to see. If you do share something you wish you hadn't, it's never too late to get help.

We all do things we wish we hadn't sometimes. Even if the video or image is shared, no matter how embarrassing it is, it doesn't have to be the end of the world.

# Liar, liar, pants on fire!

Common lies that abusers will tell you:

**LIE: No-one will ever find me**

*TRUTH: Abusers leave tracks on the internet and the police do find them and arrest them*

**LIE: I'll share images of you with the people you know**

*TRUTH: They often won't share the images because then they won't have anything to threaten you with*

**LIE: I am in control and no-one can help you**

*TRUTH: There's lots of help and support for you, so you need to tell an adult who will make it stop.*

*It's good to talk* 

If anything at all is worrying you, it's best not to keep it to yourself. Hopefully you have an adult you trust who you can chat to – maybe your mum or dad, or a teacher or your form tutor, or another family member.

If you want to chat in confidence and get some advice, you can contact Childline on 0800 1111



# Top Tips for Webcam Safety

1. Don't get naked on webcam. If someone is pressurising you to go on cam, block them and report them to CEOP.
2. If someone threatens you online, tell someone as soon as possible. If you can, get up from your computer straight away, walk away and tell an adult you trust.
3. It's never too late – no matter how far things have gone, there are always people out there to help. You can call Childline at any time on 0800 1111
4. Remember – it's not your fault. Whatever you've shared on webcam, the abuser is the only person to blame. They will be held responsible. You won't be in trouble.
5. The abuser has broken the law. Asking a young person to get naked or do sexual things on webcam is a serious crime. The police will find and arrest the abuser.

## Report it!

If someone says something to you that makes you uncomfortable, sends you rude pictures of themselves or asks you to do the same, or threatens you - report it to the police at ceop.police.uk.

Lots of sites have a button like this one below so you can click straight through to the site.





**Protect yourself** - [www.getsafeonline.org](http://www.getsafeonline.org)

**Educate yourself** – [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

**Get advice** – [www.cybermentors.org.uk](http://www.cybermentors.org.uk)

**Talk to someone** – Childline 0800 1111

**Report it** – [www.ceop.police.uk](http://www.ceop.police.uk)

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