

WWW.ENGAGING-EDUCATION.ORG.UK

OUR HULL

ENTERPRISING
YOUNG MINDS
VOL.01

*By the students at Malet
Lambet High School*



LETTER FROM THE EDITOR...

what you have in your hands is the result of many years of preparation, hard work, endeavour and education.

This magazine has been written wholly by Year 8 students at Malet Lambert High school in Hull. The content actually took them three hours to produce, but they were only able to produce this work because of the dedication of their teachers, parents, carers, peers and friends, and because of their experiences in the many years since they were born. The chaps from engaging education helped a little too, by providing guidance during the magazine writing course.

A special 'thank you' must go to Charles Cracknell, for without his support, this project would not have come to fruition.

I hope you enjoy reading this magazine, as much as I have enjoyed editing it, and I know they students enjoyed creating it.

Dive in!

-Ed.

CONTENTS

CURRENT AFFAIRS 4

- LONDON 2012 OLYMPIC GAMES
- GAME OVER?

INNOVATION 8

- GAMING CHAIR
- FUNKY IRONING BOARD

CAREERS 12

- PROFESSIONAL FOOTBALL PLAYER
- CARRER IN TV & RADIO
- HEALTH & SOCIAL
- THE ROAD TO A PROFFESIONAL RUGBY LEAGUE CAREER

PHOTOS FROM THE DAY 18

6 CASE STUDIES

- SIR RICHARD BRANSON
- BILL GATES
- LORD ALAN SUGAR

9 HIGH STREET

- HIGH STREET
- HIGH STREET REVOLUTION
- DISRESPECTING THE HIGH STREET
- DESERTED HIGH STREET

16 YOU'RE IN CHARGE

- UNIVERSITY PLACES
- GLOBAL ENTREPRENEURSHIP WEEK 2012
- SUCCESSFUL ENTREPRENEURS IN HULL

19 DANIEL'S LIFE TIPS

CURRENT AFFAIRS



By SKYE TOMLINSON & CHLOE WEST

LONDON 2012 OLYMPIC GAMES!

The Olympic Games are this year and a lot of people are very excited. The games are going to be held at the Olympic Park in London, which is made up of 9 arenas plus an Olympic village. Here are some of the arenas:

- Aquatic centre
- Basketball arena
- BMX circuit
- Eton manor
- Handball arena
- Hockey centre
- Olympic stadium
- Velodrome
- Water polo arena

The Olympics are very popular and many people buy tickets to see it. There are many sports featured in the Olympics such as basket ball, badminton, running, athletics and archery. There are 80,000 seats in the main arena. We asked people what they thought of the 2012 Olympics and these are the responses we got: interesting, charitable, fun to watch and a challenging opportunity.

We agree but there is more to it: are the Olympics worth the money? Well six out of nine people say no, it's not worth the money. Only three out of these nine people think that it is worth the money. In our opinions we don't actually think that it is worth the money because all the money that they use could have gone to a charity.

The Olympics are very expensive and they have raised the prices in London because of this event. Visitors to London will find that hotel prices are higher this year, thanks to the 2012 Olympics.

In conclusion we think that the Olympics are a waste of money because in our opinions that money could go to something more useful like a charity or could go to the third world countries. The prices are higher this year, thanks to the 2012 Olympics.



GAME OVER?

By Declan &
Jamie Lee

The popular gaming company 'GAME' is a major seller of many of the most popular new and old games in the country and also abroad. For many years it has been one of the major gaming companies but in recent months its future has been put in jeopardy and its worker's jobs have been put on the line as the company's profits have been sent into decline.



The company was originally founded by Bev Ripley and Terry Norris in 1991, then in 1993 the company acquired 'Virgin Games' raising its amount of stores to 77. In 1995 the 'Electronic boutique Limited' bought 25% of the company; all the stores were changed from future zone to 'Electronic boutique Limited', the company purchased a group of outlet companies called 'Game' and eventually operated all the stores under this name. By 2006 the company had bought the Australian company 'Gamewizards' the company was now international.

As of May 2011 the store was the most major brand for games, selling games for a wide range of audiences and achieved £3 billion revenue between 2008-2009.

During the recession even though the whole country was plummeted into slow sales, administration and shop closures, the company stayed strong for the first few years. But as of March 2011 shares in the company dropped by 66% as a slow decline in the recent months have put the shops on the border line of bankruptcy, also there has been a massive slump in the video games market because people cannot afford to buy new games every time there's a new expensive release. Shops on the high street are closing and are not attracting customers; the company said they are trying their best to keep their head above water. Many suppliers are refusing to supply to the 'GAME group' so stocks are in short supply. The future is uncertain and the company may be at game over, forever.

Many online game providers like Amazon are going to outlive 'GAME' because their company is a multi-million organisation which sells new and second hand products at low prices. It could be said that it has survived longer than GAME because it doesn't do the deals which may not be profitable, such as where you could swap ten cd's for one new cd at GAME - I don't see this as a good deal because the company cannot make a proper profit from this.

CASE STUDIES



By Lee Steer

SIR RICHARD BRANSON

Richard Branson is a successful entrepreneur who has created lots of different companies including Virgin Atlantic Airlines, Virgin Media and Virgin Active. Branson has accomplished a lot in his life including being one of the most successful businessmen in the world and is worth £4.2 billion. Sir Richard was born in London, England and his first business venture was a magazine called Student. In 1970 he set up an audio record mail order business – Virgin Records which he later changed to Virgin Mega Stores. In 1980 his business – Virgin – grew rapidly following the start of Virgin Atlantic Airlines which started when he was stranded in Paris with his wife (who he has divorced) and he hired a pilot, flew his plane over and flew others who couldn't get home back to where they came from.

Virgin companies have influenced people's lifestyles in many ways, from creating products such as the Virgin Media Tivo box, to flying millions of people a year to their favourite holiday destinations through Virgin Atlantic Airlines. Currently, Sir Richard Branson is planning on flying people to their dream holiday destination – the Moon! On the 25th of September 2004 he announced his new company; Virgin Galactic and licensed the technology behind its spaceship, which is funded by Microsoft co-founder Paul Allen and designed magnificently by American aeronautical engineer and visionary Burt Rutan.



Richard Branson has also made several world record attempts including the fastest Atlantic Ocean crossing which led to the boat being rescued by the RAF; he also crossed the Pacific Ocean from Japan to arctic Canada in a hot air balloon and broke the record with a speed of 245 miles per hour. Sir Richard has also appeared in T.V. shows, usually playing himself, such as Friends, Baywatch, Only Fools and Horses and lots more, He also made his own T.V. show, The Rebel Billionaire: Branson's Quest for the Best, but it only lasted one series.

“My interest in life comes from setting huge, apparently unachievable goals and trying to rise above them...from the perspective of wanting to live life to the full, I felt that I had to attempt it.”- Sir Richard Branson

BILL GATES



BY
CAMERON BERTHOLINI

William "Bill" gates was born in 1955 on October 28th in Seattle, Washington. He went to lakeside school where he first developed an interest in computer programming, which helped him move on to owning his own massive computer company which is called Microsoft. His company earned billions of dollars inventing and selling home computers and operating systems. This eventually led to Bill Gates becoming the richest man in the world. So rich in fact, that he decided to help charity and started a charity organisation which donated 750 million dollars to fight aids. He lives in Washington USA and is 56 years old and currently holds the position of chairman at Microsoft.



LORD ALAN SUGAR

By Joe Cross & Tom Gill

Alan Michael Sugar, formally known as Lord Alan Sugar was born on the 24th March 1947 in Hackney, East London, United Kingdom. When he was a child he lived in a council flat. His friends nicknamed him Mopsy because he had curly hair. He made extra money as when he was young by boiling and selling beetroot on a stall. He went to Northwold Primary School and carried on his education at Brokehouse Secondary School.

After his education he started selling electrical goods out of the back of a van, which led to him starting his own computer business, called Amstrad. The name of this company is an acronym of his initials Alan Michael Sugar Trading. The business was a success as he now has a net worth of roughly £770 million (\$1.14 billion).

He has a wife called Anne who he met at 17; he also has 3 children named Simon, Daniel and Louise Sugar. He married his wife on 28th April 1968 and they currently share a house in Chingwell, Essex.

Lord Alan Sugar teamed up with Terry Venables and bought the football team Tottenham Hotspur in 1991. He wasn't much of a football fan though which didn't give him much support from the fans but he was good at handling the money. Sugar sacked Venables the night before the 1993 FA cup final, this decision led to Venables appealing to the high court for reinstatement. Unfortunately for Venables, he did not win the appeal; this made the players hate Sugar. In October 1998 former striker Teddy Sheringham released his autobiography where he told everyone how Alan Sugar made him leave the club in 1997.

He stars in The Apprentice, which is a British reality show where young businessmen and women compete to win a £100,000-a-year job as an apprentice. In series 7 of the show the prize investment changed to £250,000 with a 50% ownership to Lord Sugar. There has been 7 series of the apprentice and there is a series 8 in March 2012.

INNOVATION

By James Harrison &
Alex Batty



GAMING CHAIR

We have created a new gaming chair to persuade and inspire young people to invest in the latest top notch technology. This chair provides you with the best comfort and gadgets, with the gaming techniques of a once in a life time opportunity. This chair includes various gadgets such as: drink dispenser, TV, surround sound, iPad, wireless control, massage, remote holder, footrest, head rest and a helmet, that shows you the game you are in, and looks as if you are there (it's in 3D!). The chair moves as if you are in the game.

You should buy this gaming chair because it is the latest equipment built to define the characteristics of the game and your comfort, everything you need, only a click away.

You should buy this chair because it has been engineered to your standard, with this object, the customer comes first! How could you resist buying this? The £1000 price comes with insurance and free delivery!



FUNKY IRONING BOARD

By Bradley Drake &
Matthew Dunstan

We decided to make the boring old ironing board into a fun, new, amazing, exciting piece of technology. To do this it will include things like:

- Music player on it so you can listen to music while doing work
- Touch screen (you can play Angry Birds),
- An interactive keyboard
- Android market, where you can get your own apps that you want on your ironing board.

It also has:

- TV with Sky HD, DVD (blue ray) and a camera/video recorder
- Mini fridge
- Able to transform into a chair when you need a rest.
- Drink dispenser so when you get a bit thirsty you just get a drink.

One other thing this fun thing does is you can have your own cover on it like your favourite tv star or celebrity.

This will cost you £200-£220. You should buy this ironing board because it's different to all the other ironing boards and you will not, I say you will NOT find this anywhere else, so get it while stocks last, and get free delivery!

HIGH STREET

HIGH STREET

By GEORGE BELL



High street shopping is becoming less popular by the minute, far too many people have taken to internet shopping relieving them of a little exercise and draining their high street of its income which will lead to boarded up buildings and deserted cities.

I took a survey of who shopped over the internet and I was more than disappointed to find out exactly two thirds of the people I asked did shop over the internet. Sure it saves you the trouble of walking but at the cost of people's jobs and businesses, is it really worth it?

A big reason that high streets maybe getting overlooked is that shopping centres are the apparent way forward as they are indoors offering warmth and having no problem drawing in customers what ever the weather. Also they offer free parking drawing in a majority of people – car owners, how on earth can high streets keep up with these revolutionary buildings?

Well I suppose we could put up sheltered walk ways along the high streets as well as new parking areas for those with cars. It could be that simple...



By Jamie booth



HIGH STREET REVOLUTION

The high street. What does it mean to you? Shops are an obvious one but do you think of a great day out for all the family? Probably not.

The problem is the competition; in this case the shopping centres such as St Stevens or Princes Quay. Don't get me wrong, these places are great. But the high street is suffering as a result of their many shops and customers. If high streets had parking, restaurants and a wider range of shops such as home decoration, D.I.Y, entertainment and children's toy shops, they may be more appealing.

There is no way to control the weather, and whilst no one wants to trudge around in snow or rain on what should be 'fun' family day out, maybe a café or a cosy restaurant may help make the high street an amazing day out for anyone and everyone.



DISRESPECTING THE HIGH STREET



By Sophie Redhead

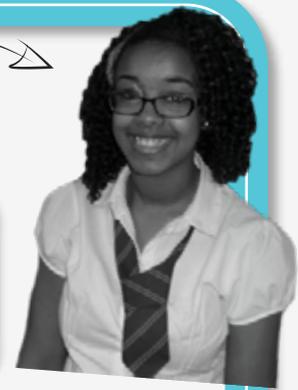


The proportion of spending that takes place on the high street has dropped to well below half, and it is going to continue. This is due to people preferring to shop in the shopping centres or online.

A local resident says that she recently went to the high street and has noticed that it has changed a lot. A lot of the shops have become run down and need repairing; she also said that she feels scared and unsafe when she is walking down the high street. The local thinks that people disrespect the high street, especially children.

I think that the main reason people don't shop on the high street anymore is because it is easier to go in a shopping centre because it is indoors, there are more shops and it is easier to walk from shop to shop. Another reason is because of online shopping.

By GEORGIA MORFITT



DESERTED HIGH STREET

Interesting news for High Street shopping yesterday when a host of retailers announced their sales figures for the six months to the end of September. Boots' sales are up by 0.7%, fashion website Asos up by 8%, sofa seller DFS down 2.2% and pub chain Wetherspoons up 1.1%. As a cross section of what we buy it's a pretty good indication of the health of the economy- beauty and health items, clothes, furniture and booze.

But they say that to the same extent they are shielded from the worst thanks to the 'lipstick effect'. That's because the pharmacy sells so many small, inexpensive items that women can still afford to treat themselves. The prices are going up so people are buying cheaper versions of the things on e-bay ,with a few clicks you can find cheaper versions of the items online , meaning more people will go on to e-bay and other websites, because it is quicker, lazier and won't cost as much.. Would you buy a small pot of lip balm for £4.75? When you could buy it on e-bay for 90p. It would also be cheaper because the things are delivered through post or through someone dropping them off, so you wouldn't have to pay for a taxi, bus or petrol for the car, to drive to the High Street. Eventually everyone will use online shopping and the High Street will be deserted. Boots' bosses see one main cause leading to these disappointing results; there just aren't enough people out shopping because of the ease of online shopping.

In my dream High Street I would have these shops:

-Topshop – Next - Zara – Primark - Peacocks – Republic - La Senza - Lippy - Sports Direct - H&M – Build-A-Bear - Dorothy Perkins - Nandos.

These shops have a range of prices and aren't just expensive designer shops, there is a restaurant option available in case people get hungry and there is a range of different shops .This High Street would apply to not only women but some men too.



CAREERS

By ALEX HARRISON



PROFESSIONAL FOOTBALL PLAYER

To become a professional football player you obviously need to be good at football. But it's not all about the football skills and techniques; it is also about how you eat and keep fit. A healthy diet is the key to a footballer's career. If you would like to attempt to be a professional football player then you may want to follow the diet plan similar to the one below.

Example Meal Plan

Breakfast: Weetabix, with a glass of milk or fresh orange.

Snack between breakfast and lunch: Item of fruit.

Lunch: A low fat cheese sandwich with a glass of milk.

Tea: Steak and a salad or Ham pasta. Both served with a glass of milk, fresh orange or water.

Supper: Glass of milk and a item of fruit if desired.

Also you need to be fit and maintain regular exercise. To do this you could go for a run/jog for at least 40minutes every day but slowly take your time up day by day as you get more stamina and fitness. Before you go for a run/jog you must do stretches so that you don't injure yourself. This is VERY important.

If you play for a team (Sunday league team) you will start to realise that you can last longer on the pitch and get faster. This will increase the chance of getting scouted by a professional football team scout. If they think that you are good enough they will ask you to come down and play for their academy. If you stay at the academy until you are 16 without leaving or being released by the club then you can be offered a professional contract.





By Imogen Hartley

CAREER IN TV & RADIO

Radio station assistant:

This job is assisting a radio producer and presenting on national radio stations.

This job varies from news to music, chat shows to live interviews.

The skills that are needed to operate this job are;

- *Good use of communication.
- *Co-operation and commitment.
- *Organisation and versatility.
- *Technical skills.

The degrees or qualifications that you will need to achieve in this specific job are: any degree subject. Media related degrees may be helpful, but any degree can get you this job. It's all about being outspoken and being able to co-operate.

Helpful tips;

*Your ability of knowledge will be needed as if you don't have it written down on paper, then you will need it written down in your head.

*Hands on experience? Try getting involved in the local library, hospital or even school radio. This will be able to go on your C.V and it gives another boost towards getting the job.

*Good communication and independence is also another good thing to remember.

Yearly wages: £14,000 to £100,000+

Radio news editor:

Involved; Responsibility on independence.

*Production of live daily current affairs/situations.

*Knowledge on budgets and global news.

Skills required:

- *Written and spoken communication.
- *Working to tight deadlines
- *Attention to detail.
- *Investigation, persuading, listening, commitment and persistence.
- *Be able to work with all different kinds of people.

Related Jobs:

- *T.V news editor
- *Newspaper journalist,
- *Magazine journalist.

Helpful tips:

*Tenacity (work experience followed up by contacting local radio stations.)

2012 employers:

- *BBC
- *Talk radio
- *Kiss

T.V producer:

- *Obtaining money to invest in projects.
- *Management of scripts writing and casting activities.
- *Co-ordination or various activities from research.
- *Edit/Production.
- *Planning and distribution/screening of the end product.

Skills required;

- *Written and spoken communication.
- *Co-operating
- *Organisation.
- *Decision making.
- *Persuading/commitment/persistence.
- *Creativity/self-sufficiency/versatility.
- *Ability to speak to camera.

Any degree subject is acceptable.

Tips; Try having...

Good sense of humour and attitude.

Good Personality. .

Most T.V producers start as researchers or assistant producers and begin to make their way up the production industry.

By Jessica Fielding &
Eleanor Tyas

HEALTH & SOCIAL



There are plenty of different qualifications you need to get a good job. But to do health & social the qualifications you need are; science/biology, English, maths and possibly even languages.

But you have to work for them! They don't arrive on a silver platter.

You need to take several courses to achieve your target.

Also you need to attend university for several years until you have passed all the courses needed.

These GCSE's Science/biology, English and Maths are needed because...

Science/biology – You need to know how the body works.

English – You may need to write statements.

Maths – For timing, weight and percentages.

Some jobs in social care are:

Midwife – You need to be kind, caring, considerate, serious, calm, easy going, and not squeamish.

Doctor – You need to be organised and kind.

Nurse – You need to be organised, calm and easy going.

Physio – You need to be able to ask about the injury nicely and be organised.

Therapist – You need to stay calm, be reassuring, trustworthy, kind, and caring.

Dentist – You need to be organised and calm.

If you become a social care worker you have the privilege of being part of the community and you have a big heart! You're reputation will be hitting the roof with people recognising you as a very good person throughout the neighbour hood.

We asked 25 people what they'd rather be out of; a midwife, doctor, nurse, physio, therapist or a dentist. The majority of people would rather be a physio therapist and no one wanted to be a nurse.

Welcome to the health & social industry...

What route will you take?



THE ROAD TO A PROFESSIONAL RUGBY LEAGUE CAREER

By Matthew Nicholson

Is your life long ambition to be a professional rugby league player? Well if it is then you must go through the following steps.

The first step is to join your local amateur team. Then when you are 11 every team and player from every town and city play all the other teams from the same city on the same day. The best 20 players from the east of the town play the best 20 players from the west of the town, this is called East vs. West. At the age of 13 your local professional team(s) will come and watch you play and if they think you're good enough they will pick you for the service area, which is a collection of the best 40 players from the local region. This is also known as a talent pathway.

After 6 months of training with professional players and coaches, the 40 players are knocked down to 20. These 20 players play against service areas from other regions. In these games there will be scouts from professional Super League teams who could offer you a scholarship.

Playing regional rugby could lead to playing for your county in a Yorkshire vs. Lancashire match, which could then lead to playing for England youth teams against countries such as New Zealand and Australia. At the age of 15 professional teams could offer you a scholarship, this then leads to joining the youth team after a couple of years and then the ultimate goal: playing first team professional rugby league.

In order to achieve all of these things, no matter how much talent you have the most important skills of all are dedication and commitment. You need to be training as much as possible and eating the right things such as lots of pasta and protein. An important thing is to go to bed early the night before a game! And hopefully you can be as good as Sam Tomkins.



YOU'RE IN CHARGE

UNIVERSITY PLACES



By Oliver Todd

University places are becoming really expensive and hard to get. In 1972 it was free to get into university but now the fee has risen to almost £10,000 a year!

A recent survey conducted at Malet Lambert as part of the magazine project showed that 23 out of 28 people want to go to university and since there are only 5 in Hull the competition is very strong. Some of the things that universities look for in a student are:

- Extra-curricular clubs attended
- Good effort and behaviour
- Good grades
- Charity work previously done
- Volunteering work

If you have done any of these things then you have a stronger chance of getting into any university. Many people think good grades get you into any university, but they don't. They look for other skills such as team work and behaviour as well.

Even if you don't want to go to university it is worth considering because many jobs need a record of you going to study further after college. Universities ask for your attendance because they will not allow a student who always truants or is constantly ill.

The prices for university will constantly rise and will cost you more and more the longer you wait so you should just go because if you do really well (which you should) you will be able to repay the loan you may possibly take.

Sport records help you to get into university because you need communication skills to help you through football, rugby, basketball etc. You will need communication skills at university because you will need to work in groups to prepare you for later life. The main reason university places are being taken up is because most jobs which give you a good wage need you to have been to university. These jobs include;

Forensic policeman
Accountant
Banker
And many more...

In my own opinion I think that the university fees are too high and are the main reason why many people are out of work by the age of 30 and living on benefits.

I think this because more and more jobs are requiring you to go to university, but many cannot afford the £10,000 a year cost.

By Billy Ashton & Kieran Weaver

GLOBAL ENTREPRENEURSHIP WEEK 2012



Global Entrepreneurship Week (GEW) is all about a great opportunity to help entrepreneurs pursue their dream and build the businesses of tomorrow. In 2011 there were 104 countries, 40,000 events and over 10 million participants. This could be a chance to make a product, create ideas for companies and many more activities.

GEW always aims to inspire, connect, mentor and engage; every year they achieve these aims and with your help they could achieve a lot more - this is why you should participate in the event. It's great for women, men and children to try something different.

In Global Entrepreneurship Week 2012, we're offering you a chance to make a product which could be manufactured and sold all over the world. Anyone is welcome; we will give you different challenges to co-operate to be imaginative and make different and creative products that no one's seen before. It will be taking place all over the world.

Everyone who's participated has enjoyed this opportunity and found it a new fascinating event, some great entrepreneurs started off just from being inspired by the activities they took part in at GEW. It's a very inspiring event.



By
Benjamin
Mortimer-Newby

SUCCESSFUL ENTREPRENEURS IN HULL

There are many enterprising areas within Hull. Many can be found on the internet; some can be found around the streets of Hull. Since entrepreneurship is often being your own boss, facilities on the street sometimes offer training courses on how to be a successful boss, these courses are given most likely from someone who has been successful in creating their own business. These courses can be available to children but rarely - it is more likely a school will set up an entrepreneur day but at least you also get the chance to learn what it's like to be your own boss for an afternoon. In my opinion I believe that more facilities could be opened for the public in order to get more attention to the subject of owning a business. I would like to see in the city an arena type building filled with tutorship and branches of the best business in Hull.

This could attract a lot of people who don't have a job to find one either become an entrepreneur or take a job role in another company.

Successful business in Hull:

Waterstones, Cooplads, Primark, Vodaphone and O2 could all be apart of the scheme along with many tutors in enterprising.

PHOTOS FROM THE DAY



DISCLAIMER

THE CONTENT IN THIS MAGAZINE IS THE PRODUCT OF AN ENGAGING EDUCATION 'CREATIVE WRITING' WORKSHOP - DELIVERED TO 26 YEAR 8 STUDENTS AT MALET LAMBERT LANGUAGE COLLEGE IN HULL. ALL OPINIONS INCLUDED WITHIN THE ARTICLES ARE THOSE OF THE INDIVIDUAL WRITERS AND NOT NECESSARILY REPRESENTATIVE OF ENGAGING EDUCATION. ENGAGING EDUCATION DOES NOT CLAIM TO OWN OR HAVE CREATED ANY OF THE COPYRIGHTED IMAGES INCLUDED WITHIN THIS PUBLICATION. THE 'CREATIVE WRITING' WORKSHOP CONTENT IS THE SOLE PROPERTY OF ENGAGING EDUCATION, ALONGSIDE THE DESIGN OF 'OUR HULL' MAGAZINE. NO REPRODUCTION OF THE PROGRAMME OR THE MAGAZINE MAY BE CARRIED OUT.

DANIEL'S LIFE TIPS: SETTING GOALS

"There is no achievement without goals" – Robert J. McCain

Setting goals is very important in life. We all need to work towards something, no matter how little or big that goal may seem. We all have the ability to achieve what we want to aim for, all we need to know is that it requires a lot of hard work, time, discipline and determination.

Goals can help keep us focused and on a straight path. Put it this way, if there were no goals, how would life be? There would be no teachers (I'm sure that sounds great to you!), schools, hospitals (the list could go on forever). All these things require goals and aims.

So ask yourself, what are your goals and aims? You don't have to have just one, you could have many. In fact, the more you have; the better.

When you have decided on what your goals are, you then need to determine whether they are long or short term goals. For example if one of your goals was to win the 100 metres sprint in two weeks, then that would be a short term goal. If your goal was to go College and then onto University, that would be considered as a long term goal. These things could take years to achieve with a lot of hard work and setbacks. Just make sure you know that you can get there in the end only if you keep at it and try hard enough.

What do you need to do to meet your goals?

To be honest, many things. Nothing will just get given to you in life. Meeting your goals doesn't come easy, you can't achieve what you want by just sitting there doing nothing, you have to work hard at it. You only get out what you put in.

Things like planning are really important. Plan how you are going to achieve and meet your set goal, whether it may be set studying/training times or putting aside a set amount of money a week. Plan what tools you may need i.e. books, equipment etc.

Another thing is mindset. Keeping on the clear path towards your goal requires discipline and a positive mental attitude. Tell yourself that you 'can' and 'will' achieve and succeed.

Adapting a positive attitude will help you become more motivated and focused.

If you believe, then you will achieve.

Something else you need to do is to not get distracted. If you spend most of your time playing on your computer, then how are you going to achieve your goal if you are putting less time and effort into that? Do make time to have fun and relax, but also make sure you also have time to do your work.

Finally, remember you can do it if you put your mind to it. Focus on the goal, think positive and you will soon see how much you can achieve through life. Work hard but also make sure you have fun and enjoy life. I hope you have found this very useful.

BROUGHT TO YOU BY:



engaging education

Ambassadors For Enterprise

'Pride of Winners'

Keith Hill Award for Enterprise

Award for Outstanding Endeavour

IN ASSOCIATION WITH:



MALET LAMBERT HIGH SCHOOL

WITH THANKS TO:



WWW.HCCTRAINING.AC.UK



WWW.YOUTHENTERPRISE-HULL.CO.UK
WWW.YOUTHENTERPRISE.CO.UK



www.engaging-education.org.uk



07825 917480



@EngagingE



St.Catherine's Centre, Doncaster Road, Wakefield, West Yorkshire, WF1 5HL