



MALET LAMBERT

TRADITIONAL VALUES CONTEMPORARY ASPIRATIONS CREATIVE CURIOSITY

YEAR 9 GUIDED CHOICES 2025



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Welcome to the 2024-25 Options Process

Welcome to the start of the Year 9 Options process 2024-25. This is an exciting time for you as Year 9 pupils as you get to make decisions about your curriculum for Key Stage 4. This is also an extremely important time and it is vital that you, alongside your parents and carers, think carefully about which subjects you would like to follow into year 10 and 11 (and potentially beyond).

The aim of this booklet, and the options process in general, is to help provide you with the information you need to make well-informed decisions on your future. In this booklet, you can find details on the courses that we offer, what you will study and how you will be assessed in those courses as well as who to contact for more information.

It is important you take time to consider the key information about these courses before you make your final choices. You may want to talk through your thoughts over which courses you are most interested in. This might include speaking to your parents/ carers, your form tutor, your subject teachers or our careers advisor Miss Powell.

We look forwards to supporting you through this important time in ensuring that your Key Stage 4 curriculum is one that you find both enjoyable and successful.



CURRICULUM OVERVIEW

At Malet Lambert, our vision is to ensure all pupils have access to a curriculum that develops powerful knowledge and skills in order to lead successful lives and make a positive contribution to their communities.

With this in mind, the structure of Key Stage 4 has been designed to ensure that every pupil will follow an ambitious, broad and balanced curriculum to best prepare them for a range of potential future pathways. Whether pupils already know the pathway they intend to move onto or not, we want to ensure all pupils have followed a curriculum which will support them moving forwards beyond Key Stage 4.

Core Curriculum

All pupils will continue to study a core curriculum which includes the following subjects:

- GCSE English Language
- GCSE English Literature
- GCSE Mathematics
- GCSE Science (Combined Trilogy)
- Core PE and PSHE

Where appropriate, pupils will continue to study the modern foreign language they currently study as well as a humanity as part of their core curriculum. This reflects the increased desire from colleges, universities and employers for people who have studied a modern foreign language. Suitability for this is assessed on a pupil-by-pupil basis.

Pupils will then have a range of option subjects they can choose in addition to their core curriculum. We are proud of the range of courses we offer and are confident it caters for all pupils' strengths and interests. Within the courses we offer are applied and vocational courses such as Cambridge National and BTEC qualifications. These courses are often assessed through modules, portfolios or coursework elements and so may suit some pupils better than traditional GCSE's which are largely examination based.

The number of options subject's pupils select is dependent on their pathways. These are explained further on the next few pages. Regardless of the pathway pupils follow, we want every pupil to finish Year 11 with a complete set of level 2 qualifications that will take them on to their next stage, whether that is employment, training or post 16 study. All of our Key Stage 4 Level 2 qualifications can lead to Key Stage 5 Level 3 further education courses.

OPTIONS PATHWAYS

There are 3 different pathways we offer:

Red Pathway

Pupils on the red pathway will study the core curriculum including a modern foreign language and a humanity. Pupils will then be able to select two additional options as well as a reserve option.

Pupils who follow the red pathway will follow the English Baccalaureate (EBacc) suite of subjects. The EBacc is made up of the subjects which are considered to provide the greatest opportunities for pupils when moving onto further education.

An example of the red pathway can be seen below:

Pathway	Guided Choice Courses			
Red	One humanity (History or Geography)	One language (French or Spanish)	Additional option 1	Reserve option
			Additional option 2	

Blue Pathway

Pupils on the blue pathway will study the core curriculum including a modern foreign language or a humanity. Pupils will then be able to select three additional options as well as a reserve option.

An example of the blue pathway can be seen below:

Pathway	Guided Choice Courses			
Blue	One humanity (History or Geography) Or One language (French or Spanish)		Additional option 1	Reserve option
			Additional option 2	
			Additional option 3	

Orange Pathway

Offered to specific pupils who may need reasonable adjustments to their curriculum. This is arranged in collaboration with our SEND department and will be discussed on an individual basis.

SELECTING YOUR OPTIONS

There are many things you might want to consider when selecting your options.

All pupils are already following a broad curriculum at Key Stage 3 designed to ensure you gain experience of a wide range of subjects.

Based on these subjects, you might want to consider:

- Which subjects do I enjoy?
- Which subjects do I feel I am doing well in or could do well in?
- Which subjects link to my interests?
- Which subjects link to my future plans?

To help you identify which courses might benefit you in your future pathways, you can make an appointment with Ms Powell (Careers Leader). This can be arranged through your form tutor or head of house. You can also visit www.u-explore.com for further careers information.

Some of the courses on offer are only introduced at Key Stage 4. Whether you are selecting one of these new courses, or one you have studied at Key Stage 3 already, it is important you know...

- What do I study as part of this course?
- How is this course assessed?
- What skills are required to be successful in this course?
- What careers does this course link to?

We strongly advise pupils to avoid selecting courses based on what their friends are choosing, based on a specific member of staff or based on what they perceive will be 'easy'.

Reserve Option

Although we endeavour to ensure all pupils are allocated the options you choose, this is not always possible for a range of reasons. Due to this, we ask all pupils to select a reserve option in the case that one of your options can not be fulfilled. It is important you still consider all of the above points when selecting your reserve choice.

When you are ready to select your options, you will need to complete the online form which is provided to you when you receive your pathways letter. This letter will also include the deadline for when forms need to be completed by.

You do not need to rush to complete the form. Although some options are sometimes over-subscribed, options are not allocated on a first come first serve basis provided they are submitted before the deadline.

If you would like to change your options once you have submitted your options form, you can re-submit the form with your updated choices. We will use the most recent form submitted as your final submission.

You can use the next 2 pages to help you plan the options you would like to choose.

If you have specific queries regarding the options process, you can send your enquiries through to options@maletlambert.hull.sch.uk



GUIDED CHOICES OPTIONS: RED

Modern Foreign Language		
You will need to study the language you are currently studying in Key Stage 3:	French (GCSE 9-1)	
	Spanish (GCSE 9-1)	

Humanity		
You will need to select one humanity from the options shown*:	History (GCSE 9-1)	
	Geography (GCSE 9-1)	
*Please note: you also have the option of choosing History or Geography in the 'Additional Options' category if you wish to study both.		

Additional Options			
You will need to select two additional options from the list as well as one reserve	Option 1	Option 2	Reserve
Art & Design (GCSE 9-1)			
Art & Design: Textiles (GCSE 9-1)			
Business Studies (GCSE 9-1)			
Computer Science (GCSE 9-1)			
Creative iMedia (Cambridge National)			
Design & Technology (GCSE 9-1)			
Drama (GCSE 9-1)			
Engineering Design (Cambridge National)			
Enterprise & Marketing (Cambridge National)			
Food Preparation & Nutrition (GCSE 9-1)			
Geography (GCSE 9-1)			
Health & Social Care (Cambridge National)			
History (GCSE 9-1)			
Information Technology (BTEC)			
Music (GCSE 9-1)			
Photography (GCSE 9-1)			
Physical Education (GCSE 9-1) / Sports Studies (Cambridge National)			
Religious Studies (GCSE 9-1)			
Sociology (GCSE 9-1)			
Separate (Triple) Science (GCSE 9-1)			

GUIDED CHOICES OPTIONS: BLUE

Modern Foreign Language		
You will need to choose either the language you are currently studying in Key Stage 3 OR* a humanity. *The MFL and humanity options are available in the 'Additional Options' sections if wish to do both.	French (GCSE 9-1)	
	Spanish (GCSE 9-1)	
	History (GCSE 9-1)	
	Geography (GCSE 9-1)	

Additional Options				
You will need to select two additional options from the list as well as one reserve	Option 1	Option 2	Option 3	Reserve
Art & Design (GCSE 9-1)				
Art & Design: Textiles (GCSE 9-1)				
Business Studies (GCSE 9-1)				
Computer Science (GCSE 9-1)				
Creative iMedia (Cambridge National)				
Design & Technology (GCSE 9-1)				
Drama (GCSE 9-1)				
Engineering Design (Cambridge National)				
Enterprise & Marketing (Cambridge National)				
Food Preparation & Nutrition (GCSE 9-1)				
French (GCSE 9-1)				
Geography (GCSE 9-1)				
Health & Social Care (Cambridge National)				
History (GCSE 9-1)				
Information Technology (BTEC)				
Music (GCSE 9-1)				
Photography (GCSE 9-1)				
Physical Education (GCSE 9-1) / Sports Studies (Cambridge National)				
Religious Studies (GCSE 9-1)				
Sociology (GCSE 9-1)				
Separate (Triple) Science (GCSE 9-1)				
Spanish (GCSE 9-1)				

THE CORE CURRICULUM

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English Language & English Literature

Both English Language and English Literature are extremely important subjects in all aspects of life within school and beyond. These GCSEs are required in order to get onto all college courses, apprenticeships and university degrees. Through the skills taught, we are preparing our pupils to participate fully in a democratic society and allowing them to achieve beyond their secondary school experience.

What will I study?

You will study a range of classic and contemporary fiction and non-fiction texts and explore a range of writing styles.

What skills will I need?

A positive attitude, enthusiasm, and a desire to improve upon the skills you have built at Key Stage 3.

How will this course be assessed?

Two examinations for English Language and two examinations for English Literature.

Why is English important?

Both English Language and English Literature allow you to improve your writing skills, vocabulary and ability to understand and interpret texts. English allows pupils to express themselves, verbally and through writing, so that they can communicate their ideas and emotions to others effectively. Through reading, we expose our pupils to a diverse range of texts so that they all have the chance to develop culturally, emotionally, intellectually, socially and spiritually.

What will this course enable me to do after I leave Malet Lambert?

Both courses provide vital skills needed in all careers. Being able to communicate and infer information will help you progress in a variety of professions.

What Malet Lambert pupils say about this course:

Pupils enjoy and understand the importance of the subject and feel motivated when learning different texts. They have found the subject enhances their ability in other subjects too.

Who to ask about this subject:

Mr Fraser

Tom.Fraser

@maletlambert.hull.sch.uk

Qualification:

English Language GCSE.

English Literature GCSE

Examination Board:

AQA

Entry Requirements:

Core subject taken by all



THE CORE CURRICULUM

Mathematics

Mathematics is a creative and highly inter-connected discipline that has been developed over centuries, providing the solution to some of history's most intriguing problems. It is essential to everyday life, critical to science, technology and engineering and necessary for financial literacy and most forms of employment. Mathematics GCSE is simply one of the most important and useful qualifications you can get. The skills you develop are used in virtually all areas of life.

What will I study?

You will learn to develop mathematical fluency, reason mathematically and solve problems in a wide variety of mathematical and real-life situations.

What skills will I need?

You will need a positive attitude, determination to succeed and enthusiasm for success. You will be building upon the skills you have developed in key stage three.

How will this course be assessed?

There will be three examinations at the end of the course.

Why study Mathematics?

Studying mathematics provides a foundation for understanding the world, the ability to reason mathematically, an appreciation of the beauty and power of mathematics and a sense of enjoyment and curiosity about the subject.

What will this course enable me to do after I leave Malet Lambert?

This course will enable you to apply your mathematical knowledge wherever relevant in mathematics, other subjects and real life (including financial contexts).

What Malet Lambert pupils say about this course:

"I love my maths lessons!"

"We are encouraged to dream big as we could achieve anything"

"Maths is a challenging subject for me but with help from my teacher I am confident I will beat my target grade"

"My teacher never stopped believing in any of us"

Who to ask about this subject:

Mr Gray
Stuart.Gray@maletlambert.hull.sch.uk

Qualification: Mathematics GCSE

Examination Board: AQA

Entry Requirements: Core subject taken by all



GCSE Combined Science

"The Science of today is the technology of tomorrow."

What will I study?

Pupils studying combined science will cover the three science disciplines of Biology, Chemistry and Physics.

Practical Science is essential for pupils' understanding of scientific theory and all students will complete 16 required practical investigations in this course, further developing their scientific inquiry skills.

What knowledge and skills will I develop?

Pupils will develop a wide range of specialist scientific knowledge across the three Science disciplines of Biology, Chemistry and Physics. This will range from understanding infection and disease in Biology, investigating chemical reactions in Chemistry and exploring radioactivity in Physics.

Pupils will also significantly develop their communication, analytical and problem-solving skills over the course of their studies.

How will this course be assessed?

Pupils will sit GCSEs in combined science at the end of Year 11. All exams are sat at the end of Year 11. There will be six exam papers: two Biology, two Chemistry and two Physics. All papers are 1 hour 15 minutes and are worth 70 marks each.

The question style on the papers will include some multiple choice, some structured, some closed short answer, and open response questions. Pupils will sit either a higher paper or a foundation paper. Grades range on the higher paper from the maximum 9-9 to a minimum grade 4-3. On the foundation paper, the maximum grade is 5-5 down to a 1-1 being the lowest.

What will this course enable me to do after I leave Malet Lambert?

Science opens the doors to many fulfilling careers, both scientific and non – scientific. The skills and knowledge that pupils will develop in their Science studies are essential for many further education qualifications and for the world of work.

What Malet Lambert pupils say about this course:

"I have enjoyed studying Science so far. The teachers make their lessons really engaging and relevant to me."

"Studying Science has made me want to pursue a career in medicine. I am now really passionate about learning about the subject."

Who to ask about this subject:

Mr Whittaker

[Matthew.Whittaker@](mailto:Matthew.Whittaker@maletlambert.hull.sch.uk)

maletlambert.hull.sch.uk

Qualification:

GCSE Combined
Science: Trilogy

Examination Board:

AQA

Entry Requirements:

Core subject taken by all



THE CORE CURRICULUM

French

Studying French develops communication skills and opens up a world of opportunities leading to a wide variety of careers. There are careers that are strongly language-based such as interpreting, translating or teaching languages. There are also many other industries that need linguists to communicate with businesses and customers abroad. Language qualifications are highly valued by colleges, universities and employers.

What will I study?

You will learn how to listen, speak, read and write more effectively in French. You will develop a deeper understanding about how to express yourself clearly and fluently in French. Also, through studying the language you will learn more about the people, culture and traditions of French speaking countries.

What skills will I need?

You need to enjoy communicating in the language, have a real interest in how and why the language works in the way it does and be prepared to work hard to develop your accuracy and range of vocabulary.

How will this course be assessed?

Pupils will sit terminal examinations in all four skill areas. There are two tiers of entry (foundation and higher) but pupils must enter the same for all skill areas. Each skill area makes up 25% of the final GCSE grade.

Why study French?

We live in an increasingly global environment. Businesses want to and often need to trade with countries abroad therefore they require people with language skills. A good GCSE in a foreign language is something universities are beginning to ask for as a requirement of some courses.

What will this course enable me to do after I leave Malet Lambert?

You will be able to communicate with French nationals and be equipped with the basic skills required to take your language further in college or at work should you choose this pathway. It is also widely believed that learning a second language helps you to learn additional languages more easily due to the transferrable skills required. Languages are very flexible – you could work in areas such as journalism, construction, teaching, media, the travel industry and even work abroad!

What Malet Lambert pupils say about this course

"Languages are very interesting, fun and useful. If you have a GCSE in French – it opens up new opportunities in the future."

"Using Languagenut at home helps me to consolidate language learnt in lessons and builds my confidence with grammar and vocabulary."

"I really enjoy learning about French culture and traditions as part of this course."

Who to ask about this subject:

Miss G Dalby
George.Dalby@
maletlambert.hull.sch.uk

Qualification: GCSE

Examination Board: AQA

Entry Requirements:

A solid understanding of past, present and future tenses with a variety of people. Confident listening, speaking, reading and writing skills. The ability to be able to learn new vocabulary and structures accurately and apply them to new contexts independently.



History

History is a vibrant and popular choice, with nearly two-thirds of our current Y10 cohort opting to take this subject at GCSE. History GCSE aims to encourage you to think deeply about historical themes, enquiries and environments. You will broaden your horizons and develop a nuanced understanding of the world around you.

What will I study?

Paper 1: 30% of your final grade

Thematic Study: Medicine in Britain c1250-present.

Historic Environment: The British sector of the Western Front 1914-18, injuries, treatment and the trenches.

Paper 2: 40% of your final grade

Period Study: The American West c1835-95

British Depth Study: Early Elizabethan England 1558-88

Paper 3: 30% of your final grade

Modern Depth Study: Weimar & Nazi Germany, 1918-39

What skills will I need?

You will require the ability to recall and use precise historical knowledge. You will also need to explain how this information answers the historical enquiry questions that the exam is based on. To do this, you will develop the key skills that you have been introduced to throughout the KS3 History curriculum at Malet Lambert, such as the ability to analyse and evaluate historical material, the ability to interpret and compare different viewpoints, and the ability to explain trends over time. Good literacy skills are also essential as we engage with many sources and interpretations. Effective organisational skills will help you to manage revision requirements and hand in homework on time.

How will this course be assessed?

This course is assessed in three exams at the end of KS4.

Why study History?

History is your window into the past and can even help to predict the future by gathering evidence, finding patterns and evaluating trends in human behaviour. You can apply information from the past to analyse and solve problems in the present and it keeps you informed on current events as they unfold. It gives you an understanding of other people and cultures, strengthens your critical thinking skills, and helps you appreciate multiple perspectives and interpretations.

What will this course enable me to do after I leave Malet Lambert?

The course is a great basis for moving onto A Level courses in History, Sociology, Politics, English, RE, Media or Law. The toolkit of historical skills analytical are valued by many employers in a wide variety of areas, such as: business, media, politics, the Civil Service, publishing, and conservation. History will serve you well in any career where you have to understand people, countries, societies, beliefs and cultures. Your ability to present your findings in a way that will make sense to others will be essential in a range of career paths.

Who to ask about this subject:

Miss Ridley

Nicole.Ridley@

maletlambert.hull.sch.uk

Qualification:

GCSE History

Examination Board:

Edexcel

Entry Requirements:

An interest in History



THE CORE CURRICULUM

Geography

This course is about learning more about the world in which we live. Geography helps you to make sense of the world around you. It is hands on, it is relevant and it is fun. The GCSE course is a good mix of topics such as urban issues, world development, extreme environments, rivers and hazards – to name but a few. The course will give you the chance to get to grips with some of the big questions which affect our world, and understand the social, economic and physical forces and processes which shape and change our world.

What you will study

We follow the Edexcel A GCSE Geography course.

Paper 1: The Physical Environment 37.5% of final grade

Topic 1 – The changing landscapes of the UK including coastal landscapes and processes and river landscapes and processes.

Topic 2 – Weather hazards and climate change including an overview of atmospheric circulation, climate change and a study of hurricanes and drought.

Topic 3 – Ecosystems and biodiversity management including an overview of global and UK ecosystems with a focus on tropical rainforests and deciduous woodlands.

Paper 2: The Human Environment 37.5% of final grade

Topic 4 - Changing Cities exploring the process of urbanisation and its impacts on Hull and Mexico City

Topic 5 – Global Development including the causes and consequences of uneven development with a detailed look at the issues in Tanzania

Topic 6 – Resource Management covers an overview of global and UK distribution of food energy and water, with a detailed study of energy management in Norway and Bhutan.

Paper 3: Geographical Investigations 25% of final grade

Topic 7 – Fieldwork. We complete two fieldwork investigations, studying coastal processes in Hornsea, and land use change in York. The fieldwork trips occur on two separate dates at the end of Year 10/start of Year 11. All pupils are expected to participate in the fieldtrips.

Topic 8 – UK Challenges involves drawing on knowledge from across the physical and human topics, to investigate a contemporary challenge in the UK.

Assessment

100% examination.

Why study Geography?

Geography is a broad academic subject which will open up options for you in your future. Employers and universities see Geography as a robust academic subject rich in skills, knowledge and understanding. As a subject linking the arts and the sciences, it is highly flexible.

Who to ask about this subject:

Mrs Thompson,
Rachel.Thompson@maletlambert.hull.sch.uk

Or your Geography teacher.

Qualification:

GCSE Geography

Examination Board:

Edexcel A



There are so many ways of learning in Geography. It is very practical, with opportunities to learn new skills such as modern computer-based mapping (called GIS), map skills, interpreting photographs, fieldwork skills, presenting, role play and debating techniques. You will improve your literacy through your report writing and written work and make practical use of your numeracy skills when you interpret data and construct graphs. Fieldwork or working outside the classroom is a really important part of Geography. Whether you go locally or get the chance to travel further away, it will be a brilliant opportunity to experience some of the things you have learnt about in class, see things differently and of course have fun.

What will this course enable me to do after I leave Malet Lambert?

As with most subjects, the study of Geography will not get you a job directly, but here are some of the professions people have entered having successfully taken the subject:

- Accountancy
- Computing
- Meteorologist
- Tax inspector
- Armed Services
- Estate Agent
- Pilot
- Teaching
- Banking
- Finance
- Police force
- Travel Agent
- Civil Service
- Law
- Surveying

THE CORE CURRICULUM

PSHE

(Personal, Social, Health and Economic Education)

We want to give pupils the knowledge, skills and resilience that they need to achieve inside, outside and after school. PSHE develops a pupils' social, mental, spiritual and physical health to create well-rounded pupils capable of thriving in modern Britain by simulating and practising decision-making. Crucially, we want our pupils to leave in Year 11 fully confident of their own self-worth and ability to succeed in whatever they choose to do.

What will I study in PSHE?

Pupils explore six units, which cover topics such as: mental health during exams and during pressure-points in life, identity and diversity, relationships, safety online and offline, careers, the working environment, and financial management.

Why study PSHE?

The purpose of these units is to give pupils the knowledge and the confidence that they will need to make positive decisions in difficult situations. We hope that the lessons they learn in PSHE will be useful long after the pupils leave us. It is also a crucial part of Malet Lambert's dedication to each pupils' personal development during their time at school.

What will this course enable me to do after I leave Malet Lambert?

It will enable you to make informed, well-balanced decisions, and equips you with the skills to succeed in a variety of personal, professional and social situations.

Who to ask about this subject:

Miss Norman
Amy.Norman@
maletlambert.hull.sch.uk

Entry Requirements:

Lessons taken by all -
one lesson per fortnight



Core PE

Physical Education is a compulsory subject for all pupils. The Physical Education course in Years 10 and 11 enables pupils to experience a wide range of sporting activities and promotes lifelong participation.

What will I study?

As part of the PE lessons, groups work together to use the skills they have been taught and developed over Key Stage 3 and cover a range of different sports and activities. These activities and games include: football, rugby, netball, badminton, fitness, dodgeball, tennis, table tennis, cricket, softball, trampolining, volleyball, dance and athletics. Pupils will have the opportunity to follow a pathway that suits their level of performance and aims of participation. The pathways are Competition, Participation, Health & Fitness and Leadership.

Why study Core PE?

PE will enable you to work well both individually and as part of a team. You will learn key life skills such as team work, leadership and communication. You will learn about health and fitness and have the opportunities to pick up a "sport for life".

What Malet Lambert pupils say about this course:

"It's great to be able to burn energy after being in a classroom all day"

"It really helps to reduce stress levels"

"It's great because it is a more active lesson"

"The lessons are really good fun and the teachers support our learning"

Who to ask about this subject:

Mr Ripley
Andrew.Ripley@maletlambert.hull.sch.uk

Entry Requirements:

Lessons taken by all



THE CORE CURRICULUM

Spanish

Studying Spanish develops communication skills and opens up a world of opportunities leading to a wide variety of careers. There are careers that are strongly language-based such as interpreting, translating or teaching languages. There are also many other industries that need linguists to communicate with businesses and customers abroad. Language qualifications are highly valued by colleges, universities and employers

What will I study?

You will learn how to listen, speak, read and write more effectively in Spanish. You will develop a deeper understanding about how to express yourself clearly and fluently in Spanish. Also, and through studying the language, you will learn more about the people, culture and traditions of Spanish-speaking countries.

What skills will I need?

You need to enjoy communicating in the language, have a real interest in how and why the language works in the way it does and be prepared to work hard to develop your accuracy.

How will this course be assessed?

Pupils will sit terminal examinations in all four skill areas. There are two tiers of entry (foundation and higher) but pupils must enter the same for all skill areas. Each skill area makes up 25% of the final GCSE grade.

Why study Spanish?

We live in an increasingly global environment. Businesses want to and often need to trade with countries abroad therefore they require people with language skills. A good GCSE in a foreign language is something universities are beginning to ask for as a requirement of some courses.

What will this course enable me to do after I leave Malet Lambert?

You will be able to communicate with Spanish nationals and be equipped with the basic skills required to take your language further in college or at work should you choose this pathway. It is also widely believed that learning a second language helps you to learn additional languages more easily due to the transferrable skills required. Languages are very flexible – you could work in areas such as journalism, construction, teaching, media, the travel industry and even work abroad!

What Malet Lambert pupils say about this course

"GCSE Spanish is really interesting and it is exciting to go to another country and be able to talk to people in their own language - I had a lot of fun on the Madrid trip."

"Learning a language opens up new opportunities for the future and gives me another skill to offer when I am applying for a job."

"Using Languages at home helps me to consolidate language learnt in lessons and builds my confidence with grammar and vocabulary."

Who to ask about this subject:

Miss G Dalby
George.Dalby@maletlambert.hull.sch.uk

Qualification:

GCSE

Examination Board:

AQA

Entry Requirements:

A solid understanding of past, present and future tenses with a variety of people. Confident listening, speaking, reading and writing skills. The ability to be able to learn new vocabulary and structures accurately and apply them to new contexts independently.



GUIDED CHOICE SUBJECTS

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ENGINEERING DESIGN	34
ENTERPRISE & MARKETING	36
FOOD PREPARATION AND NUTRITION	37
HEALTH AND SOCIAL CARE	39
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GUIDED CHOICE SUBJECTS

Art, Craft & Design

Art is one of the most diverse subjects available. It covers everything from drawing, painting, digital artwork, photography, print making to sculpture, fashion and illustration. More importantly, it offers an opportunity to develop your creative journey and apply this in original and imaginative ways!

What will I study?

Pupils study a number of coursework units, which incorporate a wide range of skills, techniques and processes in a variety of mediums. Pupils undertake research into a variety of artists, craftspeople and designers and creatively adapt their style, ideas and materials to their own final outcomes. You will explore your own style and expression by working in the range of materials and analysing the work of artists, crafters and designers.

What skills will I need?

You will need to be willing and open minded to try a variety of materials and techniques. This requires patience, courage and perseverance. The level of coursework means there is frequent homework to help build a complete and high quality portfolio. To support this process pupils are welcome to undertake work at home or arrange to work at lunch-time or after school with a teacher.

How will this course be assessed?

The art, craft and design GCSE course is internally assessed and externally moderated. There is the coursework (60% of the GCSE) and an externally set practical exam (40% of GCSE) which gives pupils a range of starting points. You will then have time to prepare over a period of weeks which will feed into the work you will carry out in the 10 hour unaided controlled conditions.

Pupils are required to demonstrate knowledge and understanding in addition to showing a range of skills and techniques (recording and note making, working independently and in a team, presenting and mounting, investigating the work of others, responding to themes, using appropriate vocabulary, generating and developing ideas) in addition to the time spent making and taking photographs.

Why study Art & Design?

Being creative and creative thinking is a fundamental skill required in most modern careers. The Art course will allow you to improve your artistic and design skills and give you the opportunity to work in a variety of creative formats.

The creative skills you develop will be essential in employment – the UK has the largest creative sector in the world. There are 1.9 Million jobs (103,000 in Yorkshire and the Humber) in the creative sector with a total of 2.9 million jobs requiring creative people. Taking Art will improve your creativity and give you access to a wider range of professions. Most importantly it is fun and offers a very different way of learning from writing based academic subjects.

Who to ask about this subject:

Miss Ruffy
Dionne.Ruffy@
maletlambert.hull.sch.uk

Qualification:

Art & Design GCSE

Examination Board:

AQA



What will this course enable me to do after I leave Malet Lambert?

Creativity, problem solving, time management and working with others are important skills in the job market and is something employers value highly. The Creative Industries have expanded massively in the last decade; many of the new jobs created are in the creative industries meaning that Art skills are even more in demand. For example, web design, app design and computer games developers require experience in Art & Design and there are now 1.9 million employed in the Creative Sector in the UK.

Entry Requirements:

A good all round level of skills ability (drawing, painting and making) is required to succeed at this level of study. Pupils are expected to undertake a considerable degree of extra curricular study therefore a genuine interest in creativity is vital. Pupils must demonstrate key success qualities such as self-motivation, the ability to work independently, resilience and open mindedness.

GUIDED CHOICE SUBJECTS

Art & Design: Textiles

Do you enjoy using your creativity? Do you embrace hands on, practical activities? Do you have a flair for design? Then studying Textiles may be for you! Studying Textiles will give you valuable experience of the creative design process and offer diversity in your timetable. A qualification in Textiles can lead onto a variety of courses and careers, such as Fashion and Costume Design, Interior Design, Print Design, Product Design, Visual Merchandising, Textile or Fashion Buying, Textile or Garment Technology, Stylist, and Teaching.

What will I study?

You will explore the work of existing artists and designers and how to use their work as inspiration. You will develop your skills through creative drawing, designing, working with fabrics and discovering a wide range of Textile techniques and processes. From this you will produce individual and unique final outcomes, in response to a design brief. The ability to time manage, work independently and communicate are all skills which are used and developed over the two years, as well as your inner creativity!

How will this course be assessed?

This course is split into two components. Component 1 is coursework which is completed in Year 10, through to Year 11. Component 2 is an externally set exam unit, started in Year 11.

Non-Exam Assessment		
Component 1: Year 10 - 11	Pupils will produce a portfolio of coursework in the form of two creative projects, which will make up component one. Pupils will receive a design brief starting point before undertaking artist and designer analysis, creative and observational sketching, an exploration of a variety of textile techniques and processes, and production of design ideas. This will all lead to the manufacture of a final product or art piece utilising various textile skills. This is internally assessed and externally moderated.	Worth 60%
Externally Set Exam		
Component 2: Year 11	10 hour practical exam: Pupils will select a design brief from a range set by the exam board. Pupils will then have planning and development time in class before receiving 10 hours exam time to produce a final, practical outcome. This is internally assessed and externally moderated.	Worth 40%

Who to ask about this subject:

Miss Winter
Hannah.Winter@maletlambert.hull.sch.uk

Qualification:

GCSE Art and Design:
Textile Design

Examination Board:

AQA



What skills will I need?

An ability to develop work from a given design brief, follow the design process and a willingness to experiment with a variety of creative methods and equipment in Textiles. You will need to be critical of your work to consider successes and developments in order to create personal and effective textile responses.

Why study Textiles?

- If you enjoy working with Textiles and learning different hands on techniques – applying pattern and design to fabrics.
- If you have an interest in fashion and enjoy designing.
- If you have an interest in interior design and home accessories.
- If you like using your creativity and developing your own ideas to produce a finished product.
- If you like to learn new skills and experiment with fabric processes.

What will this course enable me to do after I leave Malet Lambert?

Studying Textiles can lead to a wide range of careers within fashion and creative industries. A GCSE in Textiles will allow entry onto any Art + Design type course at college, including BTEC or A Level. Following that, courses in Art + Design, Fashion, Textile Design, Fashion Marketing/Journalism would be achievable at University.

What Malet Lambert pupils say about this course:

"You can let your imagination and creativity run free."

"A fun and enjoyable course, I look forward to my Textiles lessons."

"You can develop your skills in a relaxing environment with helpful staff and new equipment."

"If you're creative, then this is the course for you. You will be able to try different designs throughout this course."

"I wish we could have Textiles for the full day!"

"It's both relaxing and fun!"

GUIDED CHOICE SUBJECTS

Business Studies

Whether you're a budding entrepreneur or you are interested in the world of business, then Business is the subject for you. During the course you will investigate and analyse real business opportunities and issues; apply knowledge and understanding to contemporary business issues and develop as an enterprising individual with the ability to think commercially and creatively to make informed business decisions and solve business problems.

What will I study?

You will learn about and understand the key business concepts, issues and skills involved in starting and running a small business, covering the areas of enterprise and entrepreneurship, spotting business opportunities, putting business ideas into practice and understanding external influences on businesses.

You will then examine how businesses develop beyond the start-up phase and begin to grow. You will also then consider the impact of the wider world on the decisions a business takes as it grows. Throughout this, you will also develop your analysis and self-evaluative skills by applying them to given scenarios

What skills will I need?

An interest in 'Business' and what businesses do, together with a good standard of English and Mathematics would be helpful, but the course is open to everyone.

How will this course be assessed?

Assessment in the GCSE (1-9) Business course is divided into 2 exams. The first exam focuses on small business start-ups from the entrepreneur's perspective. Paper 2 is focussed specifically on larger businesses, i.e. those which are past the start-up stage. Each exam is worth 50% of the overall GCSE qualification. There are no controlled assessments in this course.

Why study Business:

Business is a perfect complement to humanities subjects like History and Geography. It also sits well alongside Maths and ICT based studies, particularly if you think you might want to work in business, banking, accountancy, finance or law. You will gain an understanding of the rights and responsibilities of employees and employers as well as gaining an understanding of the legal framework businesses must operate within and both the internal and external factors that can impact on a business.

What will this course enable me to do after I leave Malet Lambert?

After completing the GCSE Business course you can progress into many different areas of study and work, for example:

- GCE Business
- BTEC Nationals in Business
- other courses in information and communication technology traineeships or apprenticeships in finance, legal, economics, administration and clerical occupations

Who to ask about this subject:

Mr Bell
Paul.Bell@maletlambert.hull.sch.uk

Qualifications:

Pearson Edexcel GCSE
9-1 Business

Please note:

If you choose Business Studies as an option you **cannot** also choose Enterprise & Marketing.



What Malet Lambert pupils say about business studies

Pupils enjoy what Business Studies has to offer and consistently achieve grades at least as high as their targets and, in many cases, higher. They also say it leads on to numerous subjects in college with many choosing to continue to study Business as a discrete subject or choosing related option subjects such as Accounting, Marketing, Law, Economics, Politics, etc.



GUIDED CHOICE SUBJECTS

Computer Science

This GCSE will, above all else, be relevant to the modern and changing world of computer science. This is a subject where learners can apply the knowledge and skills learned in the classroom to real-world problems. It is an intensive subject that involves invention and excitement. The qualification will value computational thinking, helping learners to develop the skills to solve problems and design systems that do so.

What will I study?

In the first component, you will learn about the central processing unit (CPU), computer memory and storage, wired and wireless networks, network topologies, system security and system software. You will also look at ethical, legal, cultural and environmental concerns associated with computer science.

In the second component you will apply the knowledge and understanding gained in the first component. You will develop skills and understanding in computational thinking: algorithms, programming techniques, producing robust programs, computational logic, translators and data representation. The skills and knowledge developed within this component will support you when completing the Programming Project.

What skills will I need?

An interest in computers and computational thinking as well as problem solving and programming would be useful. Because of the nature of this course, a high standard of mathematics would be helpful.

How will this course be assessed?

100% Formal Examination across two separate exam papers.

Why study Computer Science?

Like it or not, you're living in it – this is the Digital Age. Computer programmes have all but infiltrated every aspect of our lives. Computer scientists theorise, design, develop, and apply the software and hardware for the programmes we use day in day out. Every industry uses computers so naturally computer scientists can work in any of them. Problems in science, engineering, health care, and so many other areas can be solved by computers. It's up to the computer scientist to figure out how, and design the software to apply the solution.

What will this course enable me to do after I leave Malet Lambert?

The qualification provides progression from Key Stage 4 studies by building on the knowledge and skills taught and will provide excellent progression to 'A' level Computer Science, vocational courses and on to degree level courses in the areas of Computing, Engineering and Science.

Who to ask about this subject:

Mr Dervey
Nathan.Dervey@maletlambert.hull.sch.uk

Mr McCall
Ken.McCall@maletlambert.hull.sch.uk

Mr Gibson
Ethan.Gibson@maletlambert.hull.sch.uk

Mr Keeton
Karl.Keeton@maletlambert.hull.sch.uk

Qualification:
GCSE in Computer Science

Examination Board:
Edexcel



Creative iMedia

Enjoy surfing the web, playing video games or downloading the latest apps? Qualifications in creative digital media production open many doors to a multitude of media-related careers from web design to games design and digital publishing. This course gives you the opportunity to participate in the actual design and production of digital media products rather than simply being an end user.

What will I study?

You will be given the opportunity to gain a broad understanding and knowledge of the various creative digital media sectors such as moving images, audio production, games design, web design and digital publishing. You will also develop specific practical skills in website production, interactive multimedia production and digital graphics.

What skills will I need?

An interest in multimedia, web design, , graphics, film and marketing along with some skills in 'ICT' would be helpful but the course is open to everyone.

How will this course be assessed?

60% coursework and 40% formal examination.

Why study Creative iMedia?

If you want to open up a range of career opportunities in creative industries like web design, graphic design, social media, film and marketing, this is the course for you. Creative digital media is the industry of the future.

What will this course enable me to do after I leave Malet Lambert?

Completion of this qualification will support progression to a more specialised academic media qualification, apprenticeship or Level 3 vocational qualification. Furthermore, this will give potential opportunity to enter employment within a wide range of job roles across the creative digital media sectors. These job roles include, for example, positions as assistant editor, web designer, assistant games designer, etc.

What Malet Lambert pupils say about this course:

Pupils enjoy the variety of content across the different units as well as the fact that they're developing skills and knowledge in an area of industry that is growing rapidly. It also gives them many opportunities to improve their knowledge and skills across a wide range of ICT software.

Who to ask about this subject:

Mr Gibson
Ethan.Gibson@maletlambert.hull.sch.uk

Mr Midgely
Daniel.Midgely@maletlambert.hull.sch.uk

Qualification:

Cambridge National
Certificate in Creative
iMedia

Examination Board:
OCR



GUIDED CHOICE SUBJECTS

Design and Technology

Do you want to design for the future? Do you enjoy using critical thinking and problem solving skills? Do you like being creative and producing innovative ideas? Design & Technology is a subject that will encourage you to develop design and problem solving skills, and apply your learning to real life situations, using creativity to come up with solutions for real and relevant problems. You will extend your knowledge gained throughout KS3, as well as making links to knowledge gained in other subject areas, such as Maths and Science.

What will I study?

Throughout Year 10 you will develop a wide breadth of knowledge on materials, including timbers, polymers, metals, paper and board, and fibres and fabrics, alongside core theory principles.

You will also develop knowledge on manufacturing processes, as well as building skills in practical workshop tasks. You will also develop design skills and use critical analysis techniques for reviewing existing products. These skills will all help for beginning your NEA towards the end of Y10 and moving into the final year of the course in Year 11.

How will this course be assessed?

This course is split into two assessed units, which are both undertaken in Year 11.

Externally Set Exam		
Principles of Design and Technology	2 hour written exam paper. The exam paper consists of two sections: Section 1 – Core Design & Technology principles Section 2 – An in depth assessment of a chosen material category. (Includes 15% maths-based questions).	Worth 50%

Non-Exam Assessment		
Iterative Design Challenge	This is a set assignment, where you will produce a design portfolio and will manufacture a working prototype. In response to a contextual challenge provided by the exam board.	Worth 50%

Who to ask about this subject:

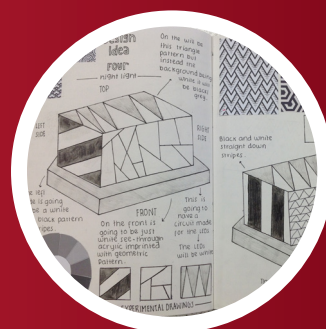
Miss Winter
Hannah.Winter@maletlambert.hull.sch.uk

Qualification:

GCSE in Design and Technology

Examination Board:

OCR



What skills will I need?

You will require a passion for Design & Technology with an interest in materials and their applications in product design, as well as design skills to enable you to effectively present ideas. The course will encourage you to broaden your knowledge of materials, processes and design industry practices, and will help you to build up your Design and Technology skills. The final exam paper includes maths related questions, so maths skills are also important.

Why study Design and Technology?

- If you want to learn more about Design and Technology, including practical and technical knowledge.
- If you are interested in the materials we use in everyday life and how these are used in product design.
- If you enjoy producing design ideas and want to build on these skills.
- If you enjoy using problem solving to produce innovative solutions.
- If you enjoy using practical skills in the workshop.
- You are interested in the creative industries.

What will this course enable me to do after I leave Malet Lambert?

This course can lead onto further Design & Technology courses, including A Level and university courses, and can lead to a variety of future careers including Product and Furniture Design, Graphic Design, Interior Design, Engineering, and Architecture, amongst many more.

What Malet Lambert pupils say about this course:

"I enjoy the course and find practical work fun."

"You get to learn lots about different materials in D&T, as well as drawing and designing."

"I think the D&T course is very enjoyable and I like learning about products!"

GUIDED CHOICE SUBJECTS

Drama

Do you want to develop a range of skills, techniques and personal qualities essential for becoming successful in your working life? Yes? Then this course will benefit you! Employers value employees who are creative, confident and able to communicate effectively.

What about a career in the Drama industry?

The GCSE award gives you the opportunity to develop as a performer in a practical environment as well as an understanding of various theatre styles and how they are developed on stage. You will also experience the industry first hand through watching live performance.

What will I study?

During the course you will develop your creative, performing, communication and social skills. You will develop your knowledge of acting practitioners, key skills such as reproducing repertoire and responding to stimulus.

Your team-working skills, independence and confidence will be increased and you will take greater responsibility for the success of your presentations. You'll learn how to organise your time and resources effectively.

What skills will I need?

Expect to be "hands-on". Drama GCSE assesses your performance skills and encourages you to develop your understanding of theatre through both research and study as well as practical workshops. Skills needed to complete the course are:

- Performance skills - ability to use your: voice, body language and facial expressions in rehearsal and performance.
- Creativity - ability to develop and explore acting styles, characters and theatre practitioners through research and rehearsal
- Technical or Production skills - ability to create costumes, sets, props, lighting or sound.
- Problem Solving - expect to be responsible for your own learning at times so having the ability to work independently and overcome problems will assist you in completing the course.
- Good punctuality and attendance- attendance towards lessons is essential in order to keep on top of your workload and complete group activities.
- Team work - ability to be respectful and supportive in a collaborative environment, share ideas and listen to the thoughts of others.
- Good Literacy Skills – In order to complete written assessments such as performance evaluations and an exam at the end of the course.

Who to ask about this subject:

Miss Snowball
Catherine.Snowball@maletlambert.hull.sch.uk

Mrs Mulliah
Jodie.Mulliah@maletlambert.hull.sch.uk

Qualification:

GCSE Drama

Examination Board:

Eduqas (Part of WJEC)

Entry Requirements:

A keen interest in the field of Drama, some basic acting skills and confidence in performance. Good literacy skills are essential as well as organisation, motivation and time-management.



How will this course be assessed?

GCSE Drama is completed over two years. You will be assessed by completing three components. These are based on four learning outcomes set by Eduqas. Each assignment will have a clear deadline and pupils will be formally assessed through-out the whole of Year 11.

- Component 1: Devising Theatre (Internally assessed-externally verified)
- Component 2: Performing from a Text (Externally assessed)
- Component 3: Interpreting Theatre-written exam (Externally assessed)

Why study Drama?

- You may want a career within the performing arts industry like being a performer or teacher
- You enjoy working practically with others and you want your learning to be challenging, varied and exciting.
- You want to feel more confident and to develop your independent learning skills.
- You care about how effectively you communicate and interact with the people around you to develop your social and presentation skills.

What will this course enable me to do after I leave Malet Lambert?

When you're preparing for an audition, interview, or creating a presentation, first impressions matter, so it is crucial that you are able to recognise and promote your skills with confidence and clarity. This course will help you with that. You will, of course, be well-prepared to follow a higher level Performing Arts course at college or attend a professional Performing Arts school. What's more, the transferable skills you will master during your studies such as self-reflection, communication, teamwork and problem solving will support your progress in the present and future.

GUIDED CHOICE SUBJECTS

Engineering Design

Do you have creative design abilities? Are you interested in how products work and why they are designed the way that they are? Can you tackle formal drawing methods, have excellent analytical writing skills, and can use computer aided design packages? If so, this course could be for you! Studying Engineering Design can lead onto a variety of further courses and roles within the Engineering industry.

What skills will I need?

You will use technical skills such as drawing, computer aided design, and isometric and technical drawings to communicate design ideas. The qualification will also encourage you to develop decision making and planning skills. You will learn and understand why different components and materials are chosen for engineered products and apply this to your own designs as well as developing an understanding of how a range of engineered products work and why they have been designed in the ways that they are.

You will also have opportunities to use manufacturing skills to develop 3D prototypes to test and evaluate the success of your ideas.

How will this course be assessed?

This course is split into 3 units which are studied across Year 10 and 11. Two of these units are coursework and one unit is a written exam paper.

Externally Set Exam		
R038: Principles of Engineering Design	One hour and 15 minute written exam paper. The exam paper consists of a mixture of multiple choice, short and extended answer questions.	Worth 40%
Non-Exam Assessment		
R039: Communicating Designs	This is a set assignment where you will present design ideas using a variety of drawing and rendering skills, including technical engineering drawings and CAD representations. This unit is centre-assessed and externally moderated.	Worth 30%
R040: Design Evaluation and Modelling	This set assignment includes product analysis and research, disassembly of a product and it's parts, and both CAD and physical model production. This unit is centre-assessed and externally moderated.	Worth 30%

Who to ask about this subject:

Miss Winter
Hannah.Winter@maletlambert.hull.sch.uk

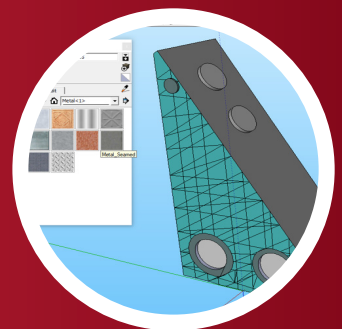
Mrs Parry
Kirsty.Parry@maletlambert.hull.sch.uk

Qualification:

Cambridge National in Engineering Design

Examination Board:

OCR



What skills will I need?

You will need a keen interest in engineering and in developing your knowledge of how products function and are manufactured. You will also need to be open to learning new ways to design and to develop drawing skills using three dimensional techniques, as well using research skills, and having a good use of computer software.

Why study Engineering?

This qualification is an opportunity to study the processes involved in designing new engineered products, enabling you to gain a greater understanding of the products around us and how these are manufactured. You will be able to develop your skills in use of computer aided design, using computer software, as well as developing hand drawing methods.

What will this course enable me to do after I leave Malet Lambert?

Studying Engineering Design can lead to a wide range of careers within the engineering and manufacturing industries. The qualification will allow entry onto any Engineering based course at College whether a BTEC or A Level, as well as apprenticeships. Following that, courses in Design, Manufacturing, Computer Design, Engineering and Architecture would be achievable at University.

What Malet Lambert pupils say about this course:

"You learn a lot about Engineering and it brings opportunities to think about jobs."

"I find Engineering Design very interesting and I think it's a great starting point if you're looking for a career in Engineering."

"It's interesting and teaches you good skills and gives you good knowledge about the real world. It helps you to understand how things are made."

"There are lots of new things to learn with physical and computer based activities. Fun and interesting."

"It's interesting and varied. A good choice!"

GUIDED CHOICE SUBJECTS

Enterprise & Marketing

This qualification is aimed at students who wish to develop applied knowledge and practical skills in enterprise and marketing. It contains both practical and theoretical elements which will prepare students for further study of qualifications in enterprise, marketing or business.

What will I study?

Through the practical elements you will learn how to identify a customer profile for a given product, complete market research, design a product and then use financial calculations and pricing strategies to determine the viability of a business product. You will then build a brand identity to target a specific customer profile, create a promotional campaign for your brand and product and then pitch your proposal. Through the theoretical element you will learn the risks and rewards of enterprise, what makes a product financially viable, how a marketing mix is used to support a product as well as what to consider when starting up and running an enterprise.

What skills will I need?

An interest in enterprise and entrepreneurship as well as business and what businesses do, together with a good standard of English and Mathematics, would be helpful but the course is open to everyone. Because a large part of this course is evidenced by coursework completed in the classroom, a high level of school attendance is required.

How will this course be assessed?

The course is made up of three components: two coursework units that are internally assessed (60%) and one exam that's externally assessed (40%). The three-block structure: explore, develop and apply has been developed to allow you to build on and embed your knowledge. This will allow you to grow in confidence and then put into practice what you have learned. The assessment structure is also designed so that you can build on what you learn and develop your skills as you move through the course.

Why study Enterprise & Marketing?

If you want to open up a range of career opportunities in industry such as management consultant, marketing manager, sales manager, financial adviser, accountant, investment analyst, etc, then this is the course for you.

What will this course enable me to do after I leave Malet Lambert?

Completion of this qualification will support progression to a more specialised academic business or enterprise qualifications, apprenticeship or Level 3 vocational qualifications. It also leads onto numerous other subjects in college with many choosing to continue to study Business / enterprise as a discrete subject or choosing related option subjects such as Accounting, Marketing, Law, Economics, Politics, etc.

What Malet Lambert pupils say about this course:

Pupils enjoy the variety of content across the different units as well as the fact that they're developing skills and knowledge that are more practical due to the NEA coursework elements of the course.

Who to ask about this subject:

Mr Bell
Paul.Bell@maletlambert.hull.sch.uk

Qualification:

Cambridge National Certificate in Enterprise & Marketing

Examination Board:

OCR

Please note:

If you choose Enterprise & Marketing as an option you **cannot** also choose Business Studies GCSE.



Food Preparation & Nutrition

The Food Preparation and Nutrition GCSE will help you to gain knowledge, understanding and skills to ensure you can select, safely prepare and cook a wide range of ingredients. Over the two-year programme you will develop an understanding of the chemical and functional properties of ingredients, nutrition, cultural influences on foods and environmental issues surrounding the foods we choose to eat in our daily lives.

What will I study?

This GCSE is an exciting and creative course that includes practical cooking skills and theoretical studies that aim to develop a thorough understanding of nutrition.

The five core topics include:

- Food, nutrition and health
- Food science
- Food safety
- Food choice
- Food provenance

What skills will I need?

A passion for Food Technology, Nutrition and Science is advised. In addition, a keen interest in developing flavours, cooking techniques and creative presentation of food products/dishes.

How will this course be assessed?

50% of the GCSE is a written exam (1 hour and 45 minutes). This will assess the theoretical knowledge gained over the two years.

- Multiple choice questions (20 marks)
- A variety of questions requiring data analysis and extended written responses (80 marks)

50% of the GCSE will include two NEA's (Non exam assessments):

- **Task 1** - Food investigation (Food science) including a written report (1500-2000 words) and photographic evidence.
- **Task 2** - Food Preparation assessment; A written portfolio of evidence regarding the preparation, cooking and presentation range of dishes for a given brief. This assessment culminates in a 3-hour practical exam where pupils have the opportunity to showcase their final menu.

Why study Food Preparation and Nutrition?

If you love to challenge yourself then Food Preparation and Nutrition is the course for you. Ingredients hold so much potential – for our taste buds and our bodies. With the development of knowledge and skills – a humble vegetable can be transformed into a taste explosion! GCSE Food Preparation and Nutrition will change the way you look at ingredients.

Who to ask about this subject:

Mrs Sibary
Kelly-Ann.Sibary@
maletlambert.hull.sch.uk

Qualification:

GCSE

Examination Board:

AQA

Entry Requirements:

A keen interest in good quality and healthy ingredients. A passion for cooking and eating!



GUIDED CHOICE SUBJECTS

Food Preparation & Nutrition *(Continued)*

At the heart of this course is the need to develop future cooks who can select seasonal ingredients and decide appropriate cooking techniques culminating in nutritious and sustainable recipes.

What will this course enable me to do after I leave Malet Lambert?

You will have all the skills and abilities to go on to further study; an apprenticeship or full-time career in the catering or food industries. Perhaps you fancy yourself as a top chef or a food technologist – designing foods for our future generations?

What Malet Lambert pupils say about this course:

"I wish I could stay in this lesson all day!"

"My favourite part of the lesson is when we get to try each other's dishes"

"Food and Science – I never really thought about what goes on inside the oven!"

Health and Social Care

Cambridge National in Health and Social Care introduces pupils to the specialist knowledge and skills needed to work in various care settings. Underpinning the qualification is a focus on core values and communicating with individuals so as to maintain their dignity and sense of being valued.

What will I study?

R032: Principles of care in health and social care

In this unit you will learn about the importance of the rights of service users, person-centred values and how to apply them. You will also learn about the importance of effective communication skills when providing care and support for service users in health and social care settings and the procedures and measures used to protect individuals such as safeguarding, hygiene and security.

R033: Supporting individuals through life events

In this unit you will learn about life stages and the factors that affect them. You will understand expected and unexpected life events and the impact they will have on physical, social/emotional and socio-economic aspects in an individual's life. You will research the service providers and practitioners that can support individuals, recommend support and justify how this will meet the needs of a specific individual.

R034: Creative and therapeutic activities

In this unit, pupils will learn about a range of creative activities and therapies that are available in health or social care and understand the physical, intellectual, emotional and social benefits of these. Pupils will learn how to plan and deliver a creative activity with an individual or group and evaluate their planning and delivery.

What skills will I need?

- Leadership skills
- Communication skills (developed to be suited to people of all ages and abilities)
- Interpreting information
- Research skills
- Planning skills
- Knowledge of health and safety

How will this course be assessed?

Pupils will complete three units during the two year course. Two of the units are coursework based and are assessed by producing a portfolio of evidence, these also include practical assessments. Pupils will also be required to sit an exam on the principles of care in health and social care

What will this course enable me to do after I leave Malet Lambert?

Pupils who study Health and Social Care can go onto employment in fields such as nursing, paramedic service, counselling, youth work, child care and many other roles.

Who to ask about this subject:

Miss Genter
Emma.Genter@
maletlambert.hull.sch.uk

Qualification:

Level 2 Certificate
(equivalent to one
GCSE)

Examination Board: OCR

Entry Requirements:

Pupils need to have an interest in social care at different ages. Must also have an understanding of the body and be confident in taking part in practical assessments



GUIDED CHOICE SUBJECTS

Information Technology

Chosen by over a million pupils every year, BTECs are vocational qualifications designed to help pupils succeed. You will develop knowledge and understanding through applying your learning to work-related contexts, and gain the skills you need for further study and employment. Designed specifically for schools, BTEC Tech Awards are brand new Level 1 and Level 2 qualifications. Complementing GCSEs and providing a first glimpse into a professional sector, these qualifications assess you through scenario-based external assessments rather than traditional exam formats.

What will I study?

You will be given the opportunity to gain a broad understanding and knowledge of the design principles behind user interface design and build up knowledge of project planning techniques. You will explore how data impacts on individuals and organisations as well as develop skills in data manipulation and presentation. Furthermore, you will explore how modern information technology is evolving, consider the legal and ethical issues in data sharing and understand what cyber security is and how to safeguard against it.

What skills will I need?

An interest in computer systems and software would be helpful but the course is open to everyone. Because a large part of this course is evidenced by coursework completed in the classroom, a high level of school attendance is required.

How will this course be assessed?

The course is made up of three components: two coursework units that are internally assessed (60%) and one exam that's externally assessed (40%). The three-block structure: explore, develop and apply has been developed to allow you to build on and embed your knowledge.

This will allow you to grow in confidence and then put into practice what you have learned. The assessment structure is also designed so that you can build on what you learn and develop your skills as you move through the course.

Why study IT:

The UK is a world leader in the creative digital industry. This qualification aims to build on this technical innovation and creativity by engaging and enthusing young people with an interest in areas such as interactive multimedia products and data manipulation, as well as allowing them to explore how modern information technology is evolving, consider wider ranges of issues with data sharing and cyber security.

The course gives you the chance to identify, engage with and apply the skills that contribute to the success of the industry.

Who to ask about this subject:

Mr Gibson
Ethan.Gibson@maletlambert.hull.sch.uk

Qualification:

BTEC Tech Award in
Digital Information
Technologies

Examination Board:

Edexcel



What will this course enable me to do after I leave Malet Lambert?

The BTEC Tech Award is a practical introduction to life and work in the Digital Information Technology sector, so you can develop your understanding of the sector and see whether it's an industry you'd like to be in. Completion of this qualification will support progression to a more specialised IT related qualification, apprenticeship or Level 3 vocational qualification. This will furthermore give potential opportunity to enter employment within a wide range of job roles across many IT sectors.

What Malet Lambert pupils say about this course:

Pupils enjoy the variety of content across the units as well as the fact that they're developing skills and knowledge that are more practical due to the NEA coursework elements of the course.

GUIDED CHOICE SUBJECTS

Music

Music is constantly evolving, inspiring creativity and expression in a way that few other subjects can. GCSE music offers pupils the chance to study a wide range of musical genres, with plenty of opportunity for practical learning. GCSE music brings theory, listening, performance and composition to life in engaging ways, supporting pupils to make links to the musical world around them.

What will I study?

The four areas of study within the GCSE are designed to develop knowledge and understanding of music through the study of a variety of styles. They value all musical tastes, instruments and genres. The four areas of study are:

- AoS1: Western Classical Tradition (1650 – 1910)
- AoS2: Popular Music
- AoS3: Traditional Music
- AoS4: Western Classical Tradition since 1910

What skills will I need?

- Experience of playing a musical instrument or singing, or using a DAW (digital audio workstation) – to give yourself the best possible chance of a good grade in music you need to be around grade 4 standard by the time you complete your exams in Y11. You will need to use your own time to practice your instrument/voice regularly in order to meet this standard. The music department can arrange lessons, so please contact Mrs Wilkinson, if this is of interest
- The ability to read music - this is not essential but does provide a huge advantage
- An interest in developing skills in composition
- An open-minded approach to exploring a wide range of musical genres from different historical periods
- A strong commitment to your development as a musician – this will require you to work on performances and compositions in your own time, not just in timetabled lessons

How will this course be assessed?

- Performance skills will be assessed through a controlled assessment in Year 11 internally and verified by an external moderator. One solo performance and one ensemble (group) performance must be recorded and submitted for assessment
- Composition skills will be assessed internally and verified by an external moderator. You will compose two pieces, one in response to a brief set by the exam board, and one free composition that must link to one of the areas of study
- Listening and Appraising skills will be assessed through an exam, taken at the end of Y11. Pupils will hear familiar music (study pieces covered throughout the course) and unfamiliar music from each of the areas of study.

Who to ask about this subject:

Mrs Wilkinson
Kathryn.Wilkinson@maletlambert.hull.sch.uk

Qualification:

GCSE Music

Examination Board:

AQA



Why study Music?

Neuroscience has demonstrated that learning to play a musical instrument or sing leads to changes in a child's brain that make it more likely they will reach their full cognitive and academic potential.

Music is the one subject that supports progress in all other areas of academic life. These factors contribute to the reasons that employers view the ability to play a musical instrument or sing as a huge asset, when listed on a CV. The music industry is growing year on year, providing lots employment opportunities. Even if you're not considering a career in music performance or music composition, GCSE music opens the door to explore other job roles within the industry, and can be a great stepping-stone to further study.

GUIDED CHOICE SUBJECTS

Photography

Photography is more than just drawing with light as is the Greek origins of the word. You may be able to take 'snaps' but can you compose and 'make' a photograph? Can you capture decisive moments? Photography has world importance and is about telling stories and more importantly protecting memories.

What will I study?

Pupils will produce practical and critical/contextual work in one or more areas(s) including theme based photography such as: portrait, landscape (working from natural or built up environments), still-life (working from natural or manufactured objects), documentary photography (photo-journalism), narrative photography, reportage, fine art photography, experimental imagery, photographic installation, or new media such as computer manipulated photography.

What skills will I need?

You will need a good set of ICT skills as all of your work will be stored and managed in online digital portfolios. You will also need to be self-motivated, creative and resilient as you will need to learn and develop new photographic technical skills. Your English written and communication skills are important as you will need to be reflective of your work in your portfolio and analyse the work of professional practitioners while developing ideas that show an understanding of the world of photography.

You will need your own SD card to upload your photos.

How will this course be assessed?

The photography GCSE is an endorsement of the art GCSE course and therefore follows the same assessment process. The course is internally assessed and externally moderated. There is the coursework (60% of the GCSE) and an externally set practical exam (40% of GCSE) which gives pupils a range of starting points. You will then have time to prepare over a period of weeks which will feed into the work you will carry out in the 10 hour unaided controlled conditions.

Pupils are required to demonstrate knowledge and understanding in addition to showing a range of skills and techniques (recording and note making, working independently and in a team, presenting and mounting, investigating the work of others, responding to themes, using appropriate vocabulary, generating and developing ideas), in addition to the time spent making and taking photographs.

Why study Photography?

Being a creative thinker is a fundamental skill required in most modern careers. The photography course will allow you to improve your artistic and design skills and give you the opportunity to work in a variety of creative formats. The photographic industry contributes to UK revenues in the region of £1.5 billion a year.

Who to ask about this subject:

Miss Ruffy
Dionne.Ruffy@
maletlambert.hull.sch.uk

Qualification:

GCSE Photography

Examination Board:

AQA



The creative skills you develop will be essential in employment – the UK has the largest creative sector in the world, there are 1.9 Million jobs (103,000 in Yorkshire and the Humber) in the creative sector with a total of 2.9 million jobs requiring creative people.

What will this course enable me to do after I leave Malet Lambert?

Creativity, problem solving and working with others to develop ideas are the most important skills in the job market and employers value these highly. The Creative Industries have expanded massively in the last decade; many of the new jobs created are in the creative industries meaning that these skills are even more in demand.

Most professional photographers specialise in one area, such as fine art, fashion, advertising, editorial or social photography. Around half of all professional photographers are self-employed. The remainder work for a wide-range of employer, including creative businesses, publishers and photographic agencies, or in the education or public sector.

Entry Requirements:

Pupils who choose to pursue this option should be able to demonstrate a genuine interest in creativity and the following qualities to succeed:

independence (much of your project photography work will be produced in your own time),
Commitment, self-motivation, eye for detail and presentation.
Good organization skills, time management skills (you must meet coursework deadlines),
technical skills,
resilience and open mindedness are also needed.

GUIDED CHOICE SUBJECTS

Physical Education

GCSE PE is a practical and theory based course. The course is 70% theory and 30% practical. If you have a keen interest in all sporting activities and already participate in at least two sports (on the activity lists below) to a high standard then this course could be the right one for you.

What will I study?

In theory, you will study over 50 topics ranging from the body systems to social groupings, health and fitness to sponsorship and media, components of fitness/ testing to interest and motivation, drugs in sport to diet plus many more.

In practical, pupils are required to be assessed in three different activities in the role of player/performer only. One of these assessments must be in a team activity, one assessment must be in an individual activity, with the third assessment being in either a team or individual activity.

Pupils can only be assessed once in any activity, including where an activity is included in both the individual activity list and the team activity list. E.g. they may not be assessed in both doubles tennis and singles tennis.

Team Sports		
Acrobatic gymnastics	Association football	Badminton
Basketball	Blind cricket	Camogie
Cricket	Dance	Field hockey
Figure skating	Futsal	Gaelic football
Goal ball	Handball	Ice hockey
Inline roller hockey	Lacrosse	Netball
Powerchair football	Rowing	Rugby League
Rugby Union	Sailing	Sculling
Squash	Table cricket	Table tennis
Tennis	Volleyball	Water polo
Wheelchair basketball	Wheelchair rugby	
Individual Sports		
Amateur boxing	Athletics	Badminton
Boccia	Canoeing	Dance
Diving	Equestrian	Figure skating
Golf	Gymnastics	Kayaking
Polybat	Rock climbing	Sailing
Sculling	Skiing	Snowboarding
Squash	Swimming	Table tennis
Tennis	Track or Road Cycling/BMX	Trampolining
Windsurfing		

Who to ask about this subject:

Mr Ripley
Andrew.Ripley@maletlambert.hull.sch.uk

Qualification:

GCSE Physical Education

Examination Board:

OCR

Entry Requirements:

Play in two team/ individual sports to a high standard (either in or out of school).



What skills will I need?

You will need to be able to work well, both independently and as part of a team. You must have a keen interest in ALL sporting activities and **perform them at a high level**. You will need to be confident, a good communicator, well organised and assertive. All of these qualities, plus many more, will assist you in your role as a player/performer.

How will this course be assessed?

GCSE PE is a practical (30%) and theory (70%) based course that will involve experiencing a wide range of sporting activities. At the end of Year 11 you will sit two theory exams (both 1 hour) which covers everything you have learnt in your theory lessons.

Why study Physical Education?

Are you a motivated, committed and determined pupil who works well as an individual and as part of a team? If so, GCSE PE is a fantastic opportunity for you to gain a highly recognised qualification and develop key life skills within a fun, stimulating learning environment.

What will this course enable me to do after I leave Malet Lambert?

Studying GCSE PE will assist you in furthering your education e.g. A Levels, BTEC's and coaching awards and in your future career choices such as Physiotherapy, Journalism, Teaching, Coaching, Fitness Instructing and Sports Management.

What Malet Lambert pupils say about this course

"It's good – you learn all about the body and what exercise does to you."

"You learn new sports and develop your knowledge of the rules too."

"You develop your skill level in the sports you can already do."

"You develop strategies and tactics in order to win."

"It's great because it is a more active lesson."

"The theory and practical combine so what you learn in theory – you can apply in practical lessons."

"The lessons are really good fun and the teachers support our learning."

GUIDED CHOICE SUBJECTS

Religious Studies

Religious Studies as a subject is highly valued by employers, institutes of higher and further education, because it demonstrates that pupils have a good understanding of the beliefs and values of others and are able to reach clear and balanced decisions through philosophical thought and analysis. We live in a multi-cultural society and opportunities to travel and work abroad are open to us all. Moreover, it is increasingly important for us to understand and evaluate different religions, cultures and the often complex and contradictory answers to moral issues that they present.

What will I study?

- Christianity and its beliefs and practices
- Buddhism and its beliefs and practices
- Ethical and moral issues and various religious responses
- You will learn how having a belief impacts on an individual's life
- You will discover how different religions practise their faith and their reasons for behaving this way
- You will be aware of different perspectives on the issues studied, within and/or between religions, as well as considering non-religious views

How will the course be assessed?

The study of Beliefs, Teachings and Practice – Component 1

- Buddhist beliefs (subject to change based on pupil voice)
- Buddhist practices (subject to change based on pupil voice)
- Christian beliefs
- Christian practices

This component is assessed by one examination lasting 1 hour 45 minutes and is worth 50% of the GCSE. There is no coursework.

Thematic studies – Component 2

- Theme A: Relationships and families
- Theme B: Religion and life
- Theme D: Religion, peace and conflict
- Theme E: Religion, crime and punishment

This unit is assessed by one examination lasting 1 hour 45 minutes and is worth 50% of the GCSE. Pupils answer all themes.

Why study Religious Studies?

Many pupils will go on to study RS further at A Level and university level. Religious Studies teaches you about the diversity of our society and of others across the world. It challenges you to work with others, appreciate difference and prepares you to work in a multicultural society. Jobs include working for the police, law, being an advice worker, journalism, management and the medical profession to name but a few. Even if you do not wish to travel the world, it is important that you are aware of the diverse world we live in. Famous people who studied Religious Studies and Philosophy include: Ricky Gervais, Katy Brand, Martin Luther King Jr, Mayam Bialik, Matt Groening and Bruce Lee.

Who to ask about this subject:

Mrs Gee
Amy.Gee@maletlambert.hull.sch.uk

Qualification:
GCSE

Examination Board:
AQA



GCSE Seperate Sciences

What will I study?

Pupils will study Biology, Chemistry and Physics, with a specialist teacher for each discipline. The course overlaps with the GCSE Trilogy Combined Science course but pupils will explore topics in more depth, as well as studying additional material.

Topics include:

- Biology – Cell biology, organisation, infection and response, bioenergetics, homeostasis and response, inheritance, variation and evolution and ecology.
- Chemistry – Atomic structure, the periodic table, bonding and structure, quantitative chemistry, chemical changes, energy changes, rate of reactions, organic chemistry, chemical analysis, chemistry of the atmosphere and using resources.
- Physics – Energy, electricity, particle model of matter, atomic structure, forces, waves, magnetism and electromagnetism and space physics.

What skills will I need?

Pupils will develop skills in communication, literacy, mathematics, and the use of technology. Pupils will complete 10 required practical activities in both Biology and Physics and 8 in Chemistry in order to develop their practical skills.

How will this course be assessed?

Pupils will sit 2 GCSE exam papers each for Biology, Chemistry and Physics, with all six exams sat at the end of Year 11. Each paper lasts 1 hour and 45 minutes and has 100 marks available. Pupils sitting the foundation paper can achieve grade 1 to 5 and pupils sitting the higher paper can achieve grade 3 to 9.

Why study Science?

Studying Separate Sciences will broaden pupils' understanding of the world and will provide the skills needed to approach most matters in a reasoned and analytical manner. It also helps to bridge the gap between GCSE and A level.

What will this course enable me to do after I leave Malet Lambert?

Science develops many transferable skills. Pupils may go on to study A-Levels or BTEC Applied Science. Possible careers include doctors, pharmacists and radiographers.

What Malet Lambert pupils say about this course:

"It gives me a different prospective of the world."

"It gives me a wider understanding of the universe."

Who to ask about this subject:

Mr Whittaker
Matthew.Whittaker@maletlambert.hull.sch.uk

Qualification:

GCSE Separate Sciences

Examination Board:

AQA

Entry Requirements:

A keen interest in science



GUIDED CHOICE SUBJECTS

Sociology

This course aims to broaden pupil minds, helping them to see the world from different perspectives in new and thought provoking ways. GCSE sociology helps pupils to gain knowledge and understanding of key social structures, processes and issues through the study of families, education, crime and deviance and social stratification.

What will I study?

You will study four main topics: families, education, crime and deviance, and social stratification. In each unit, you will study key sociologists and sociological approaches. You will study how these sociologists carry out their research and evaluate the strengths and weaknesses of these methods. Through these case studies, you will be exposed to a wide range of social issues and construct reasoned explanations for them. You may be able to answer some of these questions:

- Why do we have families? Are families important?
- What is the purpose of schools? Why do some pupils achieve and others do not?
- Why do people commit crimes?
- Why does poverty exist?
- Are some people judged unfairly? Why does this happen?

By comparing and contrasting answers to these questions, you will develop your analytical and evaluative skills. You will be able to create your own substantiated, evidenced judgements and defend these against challenges. By the end of the course, you will have a deeper understanding of the world around you.

What skills will I need?

You will need to be a resilient person who can push through something that is challenging at first. As you will have never studied Sociology before, some of the language that sociologists use might be unfamiliar. You will need to be committed and dedicated to working in a team to improve. Revising outside of lesson will be essential so you'll need good time management to hand in revision homeworks on time.

How will the course be assessed?

The course will be assessed by two exams at the end of Key Stage 4. Each exam is worth 50% of your final grade and contains two of the main topics. Both of the exams contain sociological approaches and research methods.

- Component 1: The sociology of families and education
- Component 2: The sociology of crime and deviance and social stratification

The exam questions on both papers consist of a range of short and extended questions, ranging from 1 mark questions to 15 mark questions.

Why study sociology?

The course is ideal for those wishing to study A level Sociology, History, Politics, Psychology, Criminology or Health and Social Care. It would be useful to you if you were interested in a career in teaching, law, politics, business, marketing and advertising, or health and social care because it focuses on the reasons why individuals make decisions.

Who to ask about this subject:

Miss Ridley
Nicole.Ridley@
maletlambert.hull.sch.uk

Qualification: GCSE

Examination Board: Eduqas



Sports Studies

Sports Studies is a more coursework based course than GCSE PE, the course is assessed using one exam (40%) and by completing 2 detailed pieces of coursework (60%).

Cambridge National in Sport Studies will encourage pupils to think for themselves about the study of sport and the application to real life practical sport, leadership and evaluation of the skills required there. They will study up to the minute topics affecting sport through the contemporary issues unit, both play and lead sporting activities, as well as having the chance to explore the world of outdoor sport.

Sports Studies lessons will be a mixture of theory and practical lessons, pupils will need to be able to lead a sports coaching session and take part in outdoor activities (e.g. Kayaking, archery and raft building) during a compulsory visit to Welton Waters.

What will I study?

You will complete three units

R184: Contemporary issues in sport

In this unit, pupils will learn about a range of topical and contemporary issues in sport, relating to participation levels and barriers, promotion of values and ethical behaviour, the role of high-profile sporting events, the role of national governing bodies and how technology is used within sport. This unit is assessed using a 1 hour 15 minute exam in Year 11.

R185: Performance and leadership in sports activities

In this unit, pupils will learn how to develop their skills as both a performer, in two different sporting activities, and as a leader in one activity. As a leader, they will have the opportunity to plan, deliver and review safe and effective sporting activity sessions. They also have the opportunity to develop a range of transferable skills.

Pupils will work both independently and as part of a team, including communicating with teammates as well as being in front of an audience when they perform. They will perform under pressure, both as a participant and as a leader, and will use their initiative to solve problems and make decisions. They will also deal with rapidly changing conditions and situations.

R187: Increasing awareness of outdoor and adventurous activities

In this unit, pupils will learn how to find out information about what opportunities there are in their local area, as well as nationally in the UK, for all different types of activities. They will learn how you can benefit from and enjoy activities safely by finding out what equipment, clothing, facilities and technology you need, as well as completing planning to help keep them safe.

Who to ask about this subject:

Mr Ripley
Andrew.Ripley@
maletlambert.hull.sch.uk

Qualification:

Level 2 Certificate
(equivalent to one
GCSE)

Examination Board:

OCR

Entry Requirements:

Need to have a very good participation rate in PE lessons. Must also have a keen interest in all aspects of the sporting world and take part in sport on a regular basis.



GUIDED CHOICE SUBJECTS

What skills will I need?

- Good practical Sporting ability
- A very keen interest in sport (playing & watching)
- Knowledge of techniques used to perform sports skills
- Leadership skills
- Knowledge of the rules in different sports
- Teamwork
- Communication skills
- Interpreting information
- Research skills
- Planning skills
- Knowledge of health and safety

How will this course be assessed?

Pupils will complete three units during the two year course. Two of the units are coursework (60%) based and are assessed by producing a portfolio of evidence, these also include practical assessments in two different sports. Pupils will also be required to sit an exam on contemporary issues in sport (40%).

For the developing sports skills unit, pupils will be assessed in two activities from the lists below;

- **Team sports:** Association football, Badminton, Basketball, Camogie, Cricket, Dance, Gaelic football, Handball, Hockey, Hurling, Lacrosse, Netball, Rowing, Rugby league, Rugby union, Squash, Table tennis, Tennis & Volleyball.
- **Individual sports:** Amateur boxing, Athletics, Badminton, Canoeing, Cycling, Dance, Diving, Golf, Gymnastics, Equestrian, Kayaking, Rock climbing, Rowing, Sculling, Skiing, Snowboarding, Squash, Swimming, Table tennis, Tennis & Trampolining.

Notes

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