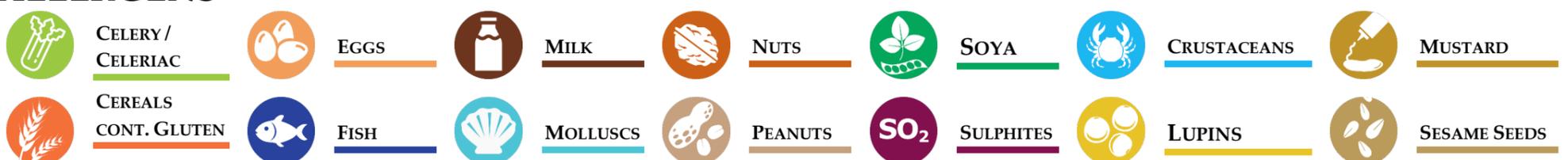


LUNCH MENU

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Roast Chicken	Roast Loin of Pork with Stuffing 		Roast Turkey and Stuffing 	Fish 
OPTION 2	BBQ Glazed Pork Sausage 	Chilli and Rice Nachos	<u>All Day Breakfast</u> Bacon Sausage (Gluten Free), Omelette, Hash Brown, Beans and Tomatoes 	Spaghetti Bolognese 	Chicken Korma With Rice 
OPTION 3 (VEGETARIAN)	Vegetable Stir Fry and Noodles 	Pasta in Tomato and Pesto Sauce 	<u>Veggie Breakfast</u> As above but with Veggie Sausage and No Bacon 	Cheese and Onion Pastie 	Cheese Quiche 
SIDES	Seasonal Vegetables Roast Potatoes	Seasonal Vegetables Roast Potatoes		Seasonal Vegetables Roast Potatoes	Beans Mushy Peas Chips
DESSERTS	Plain Shortcake and Custard 	Chocolate Sponge and Custard 	Flapjack and Custard 	Assorted Puddings 	Assorted Puddings 

ALLERGENS



For more information, visit: food.gov.uk/allergy or nhs.uk/conditions/allergies

LUNCH MENU

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Steak Bake 	Roast Turkey & Stuffing 	Panko Chicken Burger, Cheese, Salad and Chips 	Roast Beef and Yorkshire Pudding 	Fish 
OPTION 2	Hunters Chicken	Mince Chilli Burrito 	Beef Quarter Pounder, Cheese, Salad and Chips 	Chicken Fajita 	Peanut Free Chicken Satay
OPTION 3 (VEGETARIAN)	Cheese Pasta with Garlic Bread 	Vegetable Burrito 	Vegetable Quarter Pounder 	Pizza Stuffed Jacket Potato 	Vegetable Quiche 
SIDES	Seasonal Vegetables Roast Potatoes	Seasonal Vegetables Roast Potatoes	Beans Chips	Seasonal Vegetables Roast Potatoes	Beans Mushy Peas Chips
DESSERTS	Iced Sponge and Custard 	Chocolate Crunch and Custard 	Sticky Toffee Pudding and Custard 	Assorted Puddings 	Assorted Puddings 

ALLERGENS



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LUNCH MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	BBQ Chicken	Roast Gammon & Yorkshire Pudding 	Meat Balls in Tomato Sauce 	Giant Yorkshire Pudding with Sausages 	Fish 
OPTION 2	Steak Bake 	Cottage Pie 	Chicken Korma and Rice 	Lasagne and Garlic Bread 	Chicken Gyros 
OPTION 3 (VEGETARIAN)	Three Cheese and Spinach Wrap 	Quorn Bolognese and Spaghetti 	Pizza and Chips 	Meat-free Meat Balls in Tomato Sauce	Cheese and Broccoli Quiche 
SIDES	Seasonal Vegetables Roast Potatoes	Seasonal Vegetables Roast Potatoes	Beans Chips	Seasonal Vegetables Roast Potatoes	Beans Mushy Peas Chips
DESSERTS	Jam and Coconut Sponge 	Lemon Shortcake 	Wellington Fudge 	Assorted Puddings 	Assorted Puddings 

ALLERGENS

 CELERY/ CELERIAC	 EGGS	 MILK	 NUTS	 SOYA	 CRUSTACEANS	 MUSTARD
 CEREALS CONT. GLUTEN	 FISH	 MOLLUSCS	 PEANUTS	 SO ₂ SULPHITES	 LUPINS	 SESAME SEEDS

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